

seventeen

**GET IT,
GIRL!**

**#OOTD Ideas
To Obsess
Over Now**

**MY BESTIE
DUMPED
ME FOR
NOT BEING
"COOL"**

P.136

**220
Insta-Worthy
Hair Hacks!**

Ansel Elgort

**"I Like Girls Who
Have A Passion"**

**FREE
POSTER
Inside!**

**E-P-I-C
PROM
FAILS**

**(& HOW TO
AVOID THEM!)**

XOXO



TONE + TEXTURE = **FIT**

My fit: Matte+Poreless 115

MAYBE

MAYBE SHE'S BORN WITH IT. MAYBE IT'S MAYBELLINE.

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A woman with long brown hair is standing on a sandy beach, facing away from the camera and slightly to the right. She is wearing a bright pink crop top and dark, form-fitting jeans. Her arms are raised, and she is stretching her hands behind her head. The background is a bright, hazy sunset over the ocean, with the sun low on the horizon. The overall mood is serene and active.

BEST.
FIT.
EVER.

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DENIM X

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AUTOGRAPH OF LOVE?”

HENRY FINCK, AUTHOR

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ON MODELS (INTO THE BLUE, LEFT): TOP, CITIZENS OF HUMILITY; JEANS, NAVY RINGS, MASHELLE SANDALS, REBECCA TAYLOR; (TURN UP YOUR TAIL TOP, ROWLEY, INTO THE BLUE, RIGHT): JACKET, MME MAISON MARGIELA; JEANS, HUDSON JEANS; BRALETTE, JOE'S CUFFS; FLACA JEWEERY, WEDGES, REBECCA TAYLOR; (TURN UP YOUR TAIL TOP, ROWLEY, INTO THE BLUE, RIGHT): JACKET, MME MAISON MARGIELA; JEANS, HUDSON JEANS; BRALETTE, JOE'S CUFFS; FLACA JEWEERY, WEDGES, REBECCA TAYLOR

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YOUR ULTIMATE HAIR SPECIAL!

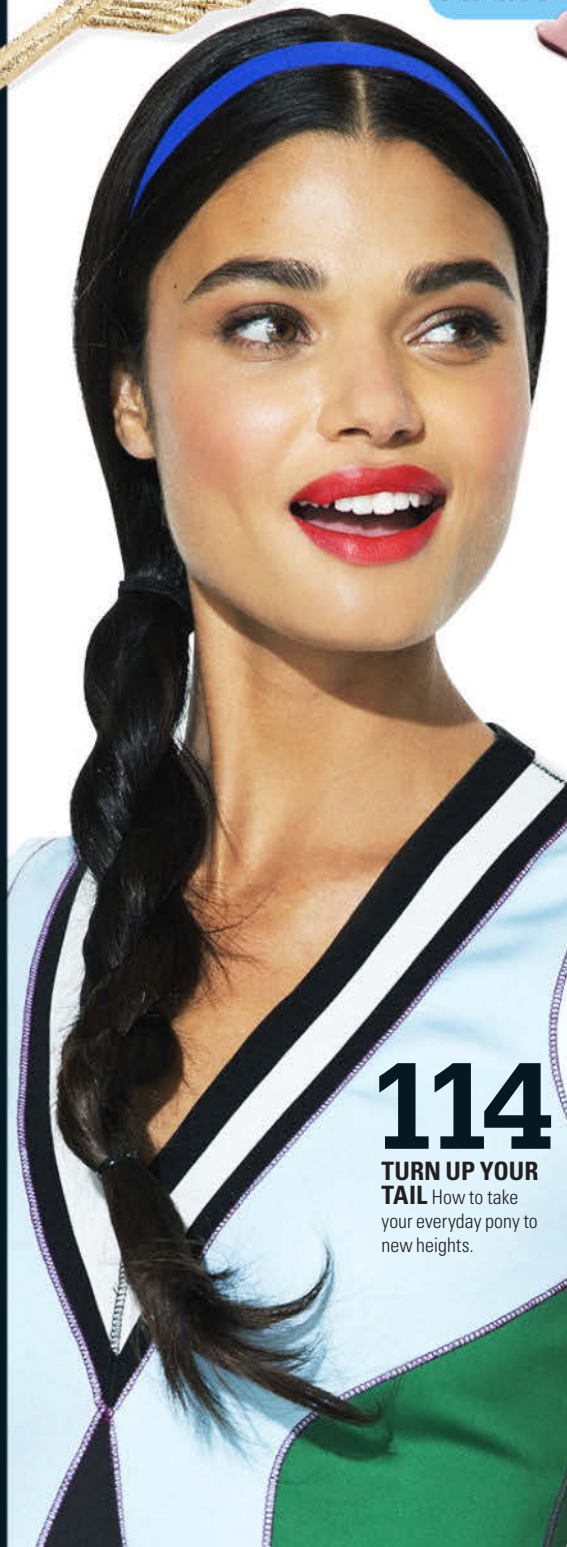
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TURN UP YOUR TAIL

How to take your everyday pony to new heights.



A full-page portrait of Liya Kebede. She has short, vibrant purple hair and is looking directly at the camera with a slight smile. Her right hand is resting against her neck. She is wearing a black, short-sleeved dress covered in small, shiny sequins. The background is a soft, out-of-focus light purple and white. The word 'Féria' is written in a large, stylized, purple font across the middle of the image.

Féria

Liya Kebede is wearing Féria Power Violet in shade V48.
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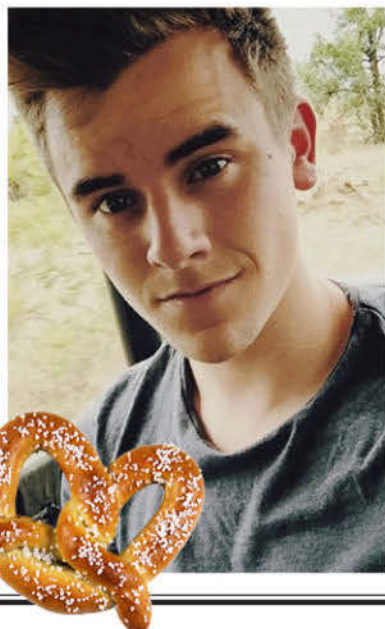
NEW!

MUST SHARE NOW

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*EVERYTHING WORTH POSTING ABOUT.

Boom! Find out about all the cool stars, music, snacks, and apps you'll be obsessing over this month.



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These eye-opening tricks will so change your life for the better.

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The genius girl coders behind *Tampon Run* wanted to make a statement. #nailedit.

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Take this quiz now and boost your savings forever. Ka-ching!

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“I don’t want them
to remember
me as the girl
with the zit.
I want them
to remember
me as me!”

– Esther

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106

ANSEL LETS

LOOSE The hot actor talks romance, his nerdy side, and his ideal girl.



BEHIND THE SCENES WITH ANSEL ELGORT



ON ANSEL: (subscriber cover and main photo, above) white tee, Industry of All Nations; (newsstand cover) blue button-down, Denim & Supply Ralph Lauren; jeans, IRO; (inset photo) blue sweatshirt, Todd Snyder; jeans, IRO; sneakers, Converse Chuck Taylor All Star.

Fashion stylist: Maggie Mann. Grooming: Sarah Sibia. Prop stylist: Jarrod Lawton. Main photos: Anne Menke. Still life: (Seventeen cover logo and lipstick heart) Ben Goldstein/Studio D.

• **His music mix** The actor was photographed at LightBox-NY studio in NYC, where he rocked out to The Jackson 5 in between shots and chatted about his love for Grammy winner Sam Smith.

• **His fave prop** That milk bottle (above) wasn't just for show—he went straight for it when he got thirsty. It's been a fave drink since he was a kid, when he and his sibs had to down a glass every night. His older brother, Warren, never wanted it, so

Ansel would drink Warren's when the 'rents weren't looking. It paid off: "I got all the growth," said the 6'4" star.

• **His colorful style** Ansel arrived sporting a Knicks hat—he's a superfan!—a distressed denim jacket, and, get this, one black sock and one blue one. "It was that kind of morning," he explained (#beenthere). Another fun fashion fact? Though he wore a pair of Converse sneaks at our shoot (above), Ansel has never owned a pair IRL.

ATTRACTION IS ON

**2 STEPS
TO TOTAL
GEL ENVY**

"IT TAKES JUST AN
INSTANT FOR HANDS
TO TOUCH AND HEARTS
TO FALL IN LOVE."

J. LUKE, WRITER

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There were two things I always looked forward to as a teen:

1. Watching *Beverly Hills, 90210* every week. (For the record, I'm talking about the original series; not the CW remake.)

2. Seeing **Seventeen in my mailbox.**

Nothing made me happier than getting lost in the glossy pages as I was finding outfit inspiration, reading about my favorite celebs, laughing—and cringing!—through Traumaramas, and hearing about so many **amazing teen girls accomplishing so many amazing goals.**

But the moment I truly fell in love with *Seventeen* was when I saw a story where the beauty editor gave an Asian girl a makeover and transformed her long locks into a short angled bob. Growing up near Syracuse, New York, I didn't come across fun hairstyles modeled on someone who looked like me that often—or, really, ever. I immediately tore the page out of the issue and begged my mom to take me to the local salon ASAP. And just like that, **Seventeen helped me feel accepted**—like I was a part of something bigger as opposed to living apart from the rest.

Now as your editor, I want all of you to feel like **you're a part of our Seventeen squad**—which this month includes crush-worthy *Insurgent* star Ansel Elgort (page 106), 13-year-old sports megastar Mo'ne Davis (page 120), and our ultimate #shero, Sheryl Sandberg (page 136). But the best stories come from you. I want to hear all about your dreams, your drama, your fails, your wins, your fears, your ambitions, your relationships, your heartaches, your *everything*. **I can't wait to get to know each and every one of you.**

Michelle

MICHELLE TAN
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ROBERT FROST, POET

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HERE'S LOOKING@YOU

17 POLL

BEST BFF 'SHIP NAME?



#KAYLOR
(KARLIE AND TAYLOR)
37%



#CAKE
(CARA AND KENDALL)
63%

OUR FAVE READER COMMENTS

@RoseofTralee24

@seventeenmag 2nd day hair
curly buns worked perfectly
with my naturally curly hair and
gave me a fresh, fun do.

@sydegee

Victoria Justice totally nailed
the sporty chic meets glam
grunge look in her cover shoot
for @seventeenmag - comfy
is the new sexy! **100 100 100**

@vjusticeforlife

I've been reading the article
every day to make me smile
@VictoriaJustice
@seventeenmag



@kay05leigh

I'm always dying
for fast food but
@seventeenmag
"Stay On Track"
article showed
me I don't have
to skip it and can
still be healthy



@hielsie

Thx for showing girls dream
schools are not the only option!
I went local, saved \$ living
@ home, and now I'm grad
school bound! #youdoit

@arbsep123

After I read @seventeenmag
"get a room to dye for" I was
inspired to add cobalt accents
in my room! I love the way
it looks such a great idea!

@joanneethai

Realized I'm finally 17 reading
a seventeen mag lol #bouttime

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Singer, songwriter, actress and philanthropist Demi Lovato may very well be the busiest young talent in the business. Currently, she is lighting up stages all across North America with her Demi World Tour. Outspoken and passionate with a powerful vocal range at her command, her energy and enthusiasm makes her a perfect match with Skechers. As she recently explained, Skechers has helped her embody a healthy new lifestyle. "Skechers help me stay motivated," she said. "I put them on every day!" One thing is clear: Demi certainly does make Skechers comfort look cool.



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*Everything worth posting about.

MUSTSHARENOW

Keiynan says "Uptown Funk" is the theme song to his life! "Whenever it plays, it makes you feel so good. You just have to dance—you have no choice."

CRUSH
ALERT!

Keiynan Lonsdale

This Aussie actor, 23, makes his film debut as Uriah, Tris's BFF, in *Insurgent*. He's equal parts tough and sweet!

Do you relate to Uriah?

KL: Totally. Uriah is brave, but he also thinks beyond what he's made to believe. He's very curious and I am too. When people put limits on me creatively, I'm always like, "But why? What's the reason?" We should think for ourselves, and that's what Uriah does. He questions things.

Do you have any fears?

KL: I think I'm just afraid of living a boring life. I don't want to look back and be like, "I survived." I want to feel like I did a lot with my time. I'm trying to put myself in more uncomfortable situations as I get older. They always end up being pretty fun and you learn something.

Do you look for girls who are just as adventurous as you are?

KL: Honestly, if we can spend the day just talking and having fun, that's something rare. But the most important thing is ending up with someone who makes me want to be a better person.

—ALEX ABEL



MUSIC MATCHUP



for the first day of spring

Celebrate sweet temps with Sabrina Carpenter's sunny *Eyes Wide Open* (out April 21).



before you head out

Blast Marina and the Diamonds' electropop *Froot* (out April 6) on repeat. Hello, new prep party jam!



when you miss your bae

Wash away the tears with Matt and Kim's upbeat indie-dance set, *New Glow* (out April 7).

MARK YOUR
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SOFT PRETZEL MONTH
Fun fact: Pretzels have been around for almost 1,500 years!



FIND A RAINBOW DAY
Insta anything rainbow-colored on **April 3**. Your pot of gold? All the "likes"!



SIBLINGS DAY
Even if she steals your clothes, show your sis some love on **April 10**.



SCRABBLE DAY
Score double by spending **April 13** with your BFFs and this board game.



HAIRSTYLE APPRECIATION DAY
On **April 30**, peeps have to <3 your cray new do!

@SEVENTEENMAG Follow for all the hottest trends and celeb news.

STILL LIVES: (PRETZEL) ANDREA SKOLD/SHUTTERSTOCK; (RAINBOW) SHUTTERSTOCK; (SIBLINGS) MIRONIA TARTAN/SHUTTERSTOCK; (ALBUM COVERS) COURTESY OF COMPANIES; LONSDALE: COURTESY OF USAAC STERLING; NORGARD: DAVID M. BENNETT/GETTY IMAGES.

GET APP-Y



Trivia Crack

After your homework is done, challenge others to geography, science, and history questions and more. This app counts as extra credit, right?



General Adaptive

With simple graphics and mindless-but-engaging levels, this game is the most addictive. Don't say we didn't warn you when you realize it's 3 A.M.



Crossy Road

Frogger just got a makeover. Earn cute animals as you navigate a busy street. It has that old video-game type of feel!



FUN SNACK FOR YOUR...

MTV MOVIE AWARDS PARTY!

Rally your BFFs on April 12 and make these chocolate bites, a fave from *Teen Wolf* star and foodie Holland Roden. All you need: 12 dates, ½ cup walnuts, 3 tbsp. cacao powder, 2 tbsp. cacao nibs, 2 tsp. spirulina, and yummy toppings!

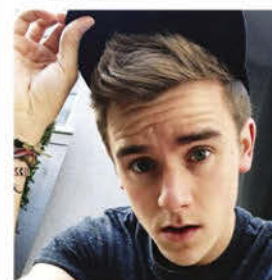


HOW TO MAKE THEM:

- 1) Soak dates for 8 hours; then pit them.
- 2) Mix all ingredients in a food processor.
- 3) Form mixture into balls (any size).
- 4) Roll each ball in a topping.
- 5) Freeze for an hour and enjoy!



READ THIS!



Connor Franta

The YouTuber, 22, opens up in his memoir, *A Work in Progress* (out April 21).

What part was the hardest to write?

CF: My coming-out chapter was one of the hardest and also my favorite. It tells how I came to accept something I'd avoided for a long time.

The book has a lot of photos you shot.

CF: They make it more personal so it's not just words on a page. There's a lot of symbolism, like a mountain to represent my ups and downs.

Any advice for your younger self?

CF: Follow your passion. If you do what you love, you can make it work.

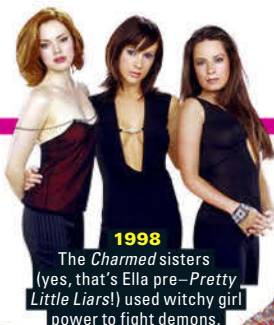
—ALEX ABEL

a supernatural history

Check out the evolution of all the magical creatures we love.

THE PAST

1996
With a talking cat and teleportation powers, Sabrina the Teenage Witch was so every girl's role model.



1998
The *Charmed* sisters (yes, that's Ella pre-*Pretty Little Liars*!) used witchy girl power to fight demons.

2001

Harry Potter love knows no limits. We still fangirl over him today.

2007

The *Wizards of Waverly Place* fam conjured up the funny. (How cute is little Selena?)

2008

Twilight dishd out all the feels with its love story. BRB, still searching for our own Edward Cullen....

2009

Chronicling bloodsuckers, emotional deaths, and so many makeouts, *The Vampire Diaries* is one juicy beast.

2011

Teen Wolf packs in the scare and has a cast of major hotties no one is complaining about.

AND NOW

2015

Move over, *The Walking Dead*. The CW's *iZombie*, a new freaky mystery with a touch of humor, is feeding on our undying love for the undead.

GET TO KNOW

THE UNKNOWN

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studded jacket

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Diesel

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fringed wellies

GREEN RAIN BOOTS Hunter,
\$195, us.hunterboots.com



denim maxiskirt

BUTTONED SKIRT
7 For All Mankind,
\$225, 7forallmankind.com

The hippie classic is back! And with a high waist and a button front, it's so right now.



beaded vest

EMBELLISHED VEST Mango, \$120,
Mango stores and mango.com

ON: MODELS: DENIM MAXISKIRT (A IDEAL), WILSON; NECKLACE AND TASSEL BRACELET: HOLST; LEE: SILVER ARMBAND; MARSHALL'S SANDALS: DOUCE VITA; FRINGED WELLIES: TOP BILLBOARD; OVERALLS: VANS; NECKLACES: FRASERS TERLING; (BEADED VEST) TOP: ABERCROMBIE & FITCH; SHORTS: DENIM & SUPPLY; RALPH LAUREN; BOOTS: VERY VOLATILE; BRACELET: JESSICA SIMPSON COLLECTION.



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Wildfox Sun, \$199, wildfox.com



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***patterned
cross-body***

FLORAL BAG Rebecca

Minkoff, **\$225**, 866-838-6991



***baja
hoodie***

RED PULLOVER

Denim & Supply

Ralph Lauren, \$165,

denimandsupply.com

ON MODELS IN PLAYFUL SUNNIES NECKLACE. STYLIST'S OWN: IPATTERNED CROSS-BODY DRESS. BCBG MAXAZRIA: HEADBAND. COLETTETEMALOU: QUEEN 2 BANDITS: BELT.



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Charcoal formula warms on contact to open pores and eradicate clogs in just one minute.

WHAT TO **PACK** FOR SPRING BREAK

Never forget a vacay must-have again!
Our guide lays out everything you need.



1

2



3



5



4



6



7



if you're PREPPY...

8



9



11



10



12



13



14



This cute pouch prevents a soggy beach read or protects a mini tablet.

1 BLACK SANDALS American Eagle Outfitters, \$35, American Eagle Outfitters stores and ae.com. 2 PINK SPEAKERS Beats by Dr. Dre, \$200, store.apple.com. 3 SUNNIES PAJAMAS Aerie, \$20 each piece, Aerie stores and aerie.com. 4 FLORAL PERFUME Dolce & Gabbana Dolce Floral Drops, \$83 for 1.7 oz., Saks Fifth Avenue. 5 CHECKED TOP Lucy Paris, \$58, lucyparis.com. 6 GRAPHIC NOTEBOOKS Kate Spade New York, \$12 for set of two, katespade.com. 7 BOW SNEAKERS Taylor Swift for Keds, \$55, keds.com. 8 PLAID TOTE Kate Spade New York, \$328, katespade.com. 9 HEART SUNGLASSES ZooShoo, \$10, zooshoo.com. 10 FLOWER DRESS Candie's, \$58, Kohl's and kohls.com. 11 BOOK HOLDER Olympia Le-Tan for LeSportsac, \$52, LeSportsac stores and lesportsac.com. 12 GRAY SWEATSHIRT Seventeen Fashion Collection at Sears, \$28, Sears and sears.com. 13 ZEBRA BIKINI Top, \$28, and bottoms, \$18, Abercrombie & Fitch, select Abercrombie & Fitch stores and abercrombie.com. 14 "BYE" PHONE CASE ASOS, \$29, asos.com.



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new balance **NEW BALANCE**

1



2



3



4



5



6



7



8



11

if you're BOHO...

9



10



13



15



14

16



Get a layered look without having to stuff two separate pieces in your suitcase!

1 TROPICAL SNAPBACK Vans, \$28, vans.com. 2 TEMPORARY TATTOOS Rue21, \$5, Rue21 stores and rue21.com. 3 PORTABLE CHARGER Case-Mate x Rebecca Minkoff, \$78, call 212-677-7883 to order.

4 METALLIC SANDALS Rebecca Minkoff, \$250, Rebecca Minkoff stores and 866-838-6991. 5 PINEAPPLE ONE-PIECE Tavik Swimwear, \$118, tavik.com. 6 IPAD CASE Incipio, \$40, incipio.com.

7 SUNSCREEN Hawaiian Tropic Sheer Touch Ultra Radiance Clear Spray Sunscreen SPF 30, \$10, drugstores. 8 PRINTED UNDERWEAR Jasmine & Ginger, \$7 each or \$25 for set of four, Dillard's stores and dillards.com. 9 TIE-DYE SHORTS Kind Of, \$59, Macy's and macys.com. 10 AZTEC TOWEL Pendleton Woolen Mills, \$50, pendleton-usa.com. 11 HOODED JACKET Aeropostale, \$54, Aeropostale stores and aeropostale.com. 12 BANANA BACKPACK Aeropostale, \$25, Aeropostale stores and aeropostale.com. 13 LUGGAGE TAG Vera Bradley, \$18, Vera Bradley stores and verabradley.com. 14 BLUE AVIATORS Ray-Ban, \$220, Sunglass Hut stores and sunglasshut.com. 15 HAWAIIAN SHIRT Billabong, \$50, us.billabong.com. 16 IKAT FANNYPACK LeSportsac, \$48, LeSportsac stores and lesportsac.com.

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*strength against damage; Pantene shampoo + conditioner system vs. the shampoo alone.



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PANTENE

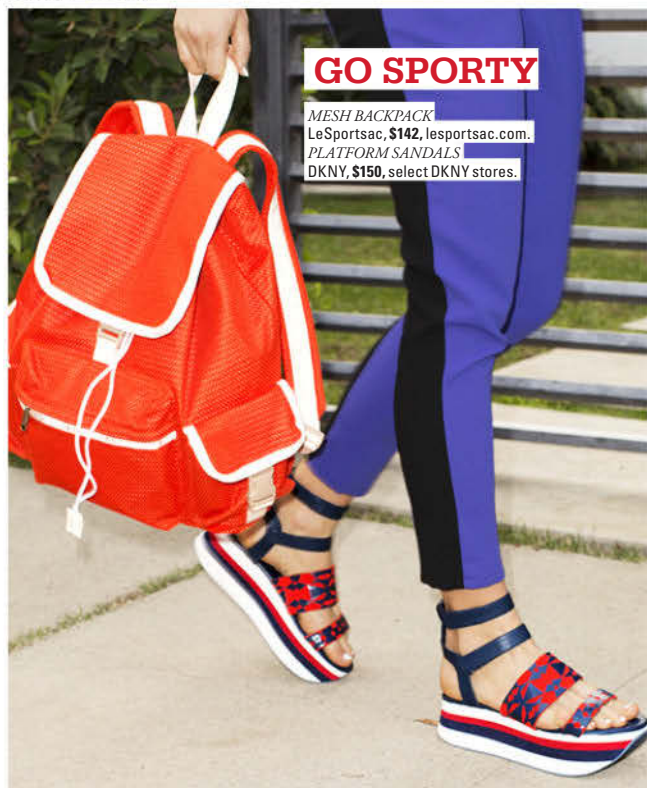
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*strength against damage; Pantene shampoo + conditioner system
vs. the shampoo alone. ©2015 P&G





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LeSportsac, \$142, lesportsac.com.
PLATFORM SANDALS
DKNY, \$150, select DKNY stores.



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STUDED CROSS-BODY
Milly, \$245, milly.com.
LEOPARD SLIDES
Coach, \$295, select Coach stores and coach.com.

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\$395. Both M Missoni, M Missoni stores or call 212-431-6500 to order.



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Diane von Furstenberg, \$178, dvf.com.
SNAKESKIN HEELS
Schutz, \$200, shop.schutz-shoes.com.



PAIR FEMME PIECES

QUILTED BAG
Rebecca Minkoff, \$195,
Bloomingdale's.
PINK SANDALS
Oasis, \$62, oasis-stores.com.



FLASH YOUR BRIGHTS

YELLOW BAG \$200.
MULTICOLOR HEELS \$178.
Both Calvin Klein,
calvinklein.com.

SHOEFIES

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STRIKE GOLD

ROBOT CLUTCH
ASOS, \$38, asos.com.
GOLD SNEAKERS
Adidas Originals, \$90,
adidas.com/originals.



GET GRAPHIC

EYE CLUTCH
Edie Parker.
STRIPED PUMPS
GX by Gwen Stefani, \$90,
Nordstrom and heels.com.



"I love experimenting with unique shapes. This jacket is so eye-catching!"
—Katerina, 22

RUNWAY to HALLWAY MILITARY CHIC

Climb the fashion ranks by mixing army greens and rich metallics.



OLIVE SHORTS Ella Moss, \$138, ellamoss.com



RHINESTONE SANDALS GoJane, \$26, gojane.com



RIBBED CROP TOP Abercrombie & Fitch, \$12, Abercrombie & Fitch stores and abercrombie.com (similar styles)



ID NECKLACE CC Skye, \$195, ccskye.com



CIRCLE SUNGLASSES Le Specs, \$89, zappos.com



CARGO DRESS Guess, \$108, Guess stores and guess.com

ARMY JACKET Denim & Supply Ralph Lauren, \$165, Denim & Supply Ralph Lauren stores and denimandsupply.com. PRINTED SKIRT Obey, \$40, obeyclothing.com. HOOP EARRINGS House of Harlow 1960, \$58, glamboutique.com. COLLAR NECKLACE Alexis Bittar, \$195, Alexis Bittar stores and alexisbittar.com. LINK BRACELET French Connection, \$88, French Connection stores and usa.frenchconnection.com. METALLIC SLIDES Vince, \$195, vince.com.

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skirt. Misses. \$239.
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with jeweled waist.
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CITY TRIANGLES

Two-piece dress set
with jeweled neck.
Juniors. \$109. ★ 1805193.

TREND JEWELRY

Faux pearl peek-a-boo
earrings. 18.50.
★ 1938102.

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BLACK & WHITE

"I love fitted dresses, but they always make my 5'10" frame look so lanky. Help!"
—Eileen, 19

"I don't want to show too much cleavage. Finding the perfect neckline is so hard!"
—Alisha, 21

**"I'm proud of my body! I want a dress that accentuates my figure."
—Barbara, 18**

**"As a short girl [5'3"], I need a dress that helps makes my legs look long. Well, long-er."
—Anne, 18**



Make paneled pieces your BFF:
They visually break up your body. (Plus, horizontal stripes fill you out!)

STRIPED ASYMMETRICAL
Bebe, **\$129**, Bebe stores and bebe.com

A stretchy knit shows off your shape, while banded details at the waist highlight your smallest point.

GRAPHIC BODY-CON
BCBG Max Azria, \$298,
Bloomingdale's and bcbg.com

Go for a full skirt that hits above your knees. It adds volume to your frame without shrinking you.

STRAPLESS A-LINE
Express, **\$80**, Express stores
and express.com

An illusion neckline reveals just a flirty peek of skin, and an A-line skirt balances out your curves.

DIAMOND PRINT
eShakti, \$70, eshakti.com
(similar styles)

REAL-GIRL PHOTO: LAUREN PERLSTEIN/STUDIO D; FASHION EDITOR: AEYUNG KIM; HAIR: ADAM MAC'LAY FOR ABTP.COM; MAKEUP: JESSIE BUTTERFIELD FOR EXCLUSIVE ARTISTS MANAGEMENT; UNDELEEN EARRINGS: JUSTIN & TAYLOR; NECKLACE: LOUPEL NYC; BRACELET: HOUSE OF HARLOW 1980; HEELS, FRENCH CONNECTION; ON BARBARA: EARRINGS: FOREVER 21; ON ALEXIS: BITTAR; ON DANIELE: COLLETTE MALOUF; HEELS: PENNY LOVES KENNY; ON RING: BARNACKLACE; DANIELE STEVENS JEWELRY; "LOU" NECKLACE: LA COLLETTE; HEELS: JESSICA SIMPSON COLLECTION; ON ALISHA: ANNE-GARDA; HEELS: ALDO



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GO MAD FOR PLAID

"I went through a phase where I wore flannels 24-7. The best ones are soft, washed-out, and oversize."

RED FLANNEL
Obey Clothing, \$64,
obeyclothing.com



DEFINE YOUR EYES

"I can't go a day without winged eyeliner. The key is to put it on with a pen. It's easier to control."

LIQUID EYELINER
Maybelline New York
Eye Studio Master
Graphic in Striking Black,
\$8, drugstores



STICK WITH SNEAKS

"I saw a cute pair of textured high-tops on Tumblr and went on a shopping binge. They're so versatile."

LEATHER HIGH-TOPS
Nike, \$165, net-a-porter.com

Rising star **NALA WAYANS** tells you how to snag her signature look. Adjust your #OOTD goals accordingly!

AGE: 18 **CITY:** Los Angeles, CA
VIBE: Chic with a grunge twist
INSTAGRAM: @nalawayans
FAVORITE PLACES TO SHOP: AllSaints, Zara, American Rag, Topshop, H&M
FAVORITE DESIGNERS: Chanel, Alexander McQueen, Rag & Bone
STYLE ICONS: Rihanna, Nicole Richie, Mary Kate and Ashley Olsen

THINK MINIMAL

"My closet is mostly black and white, so really everything goes. I can throw on whatever and match 99 percent of the time."

SKINNY JEANS
Joe's, \$238, joesjeans.com



INVEST IN CLASSICS

"I don't care about what's trendy. I'd rather wear flattering sunglasses I know I'll like forever."

METALLIC SUNGLASSES Ray-Ban, \$215,
Sunglass Hut stores and sunglasshut.com



TOP OFF YOUR LOOK

"I'm really into jackets. I own at least 20! You can be in plain jeans and a white tee, but interesting outerwear transforms your whole outfit."

FAUX-FUR JACKET Mango, \$120,
Mango stores and mango.com.
WHITE TEE No Boundaries, \$8,
Walmart stores and walmart.com.

Delight

Color Your Happiness!
Spring 2015



ZP772
Rayne



ZP773
Lillian



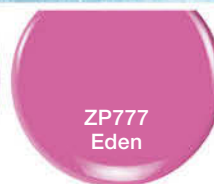
ZP774
Tiana



ZP775
Daisy



ZP776
Leslie



ZP777
Eden

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forever21.com



\$5

BRACELET
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Forever 21 stores and
forever21.com



\$28

MINIDRESS
Lulu's, lulus.com



TOTAL
\$41

UNDER \$100

\$8

SUNNIES
AMI Clubwear,
amiclubwear.com



\$32

TEE Liberty K,
pixiemarket.com



\$42

CUTOFFS
Missguided,
missguidedus.com



TOTAL
\$82

UNDER \$150

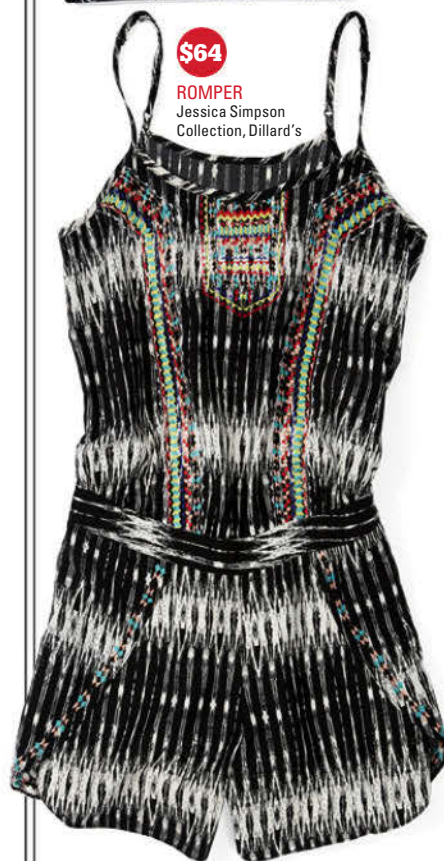
\$27

CLUTCH
GoJane,
gojane.com



\$64

ROMPER
Jessica Simpson
Collection, Dillard's

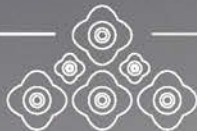


\$40

SANDALS
Seventeen Fashion
Collection at Sears,
Sears and sears.com



TOTAL
\$131



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Beauty

YOUR ULTIMATE HAIR SPECIAL!

HOW-TO: Grab a friend so you can take turns weaving each other's hair. First place a tapestry loom (available at craft stores) over a small section of hair. Then use a needle to weave multicolored threads back and forth through the section, says Allen Wood, a Bumble and Bumble stylist and the guru behind this look.



OBSSESSED!

boho embroidery

Forget music festival FOMO. Give your hair a free-spirited touch, post it on Insta, and watch your "likes" rack up.

JOIN THE BLONDETOURAGE!

Redefine what *blonde* means with these cool new trends (and easy expert how-tos) made for everyone—even you brunettes!

by Jillian Ruffo



Karlie Kloss



Gigi Hadid



BABYLIGHTS

[def.]: A #TBT to the shiny, naturally sun-kissed highlights you had as a bb.



ALBERTA FERRETTI



L'Oréal Paris Superior Preference Glam Lights, \$13, drugstores



Blonde Sexy Hair Shining Star Shine Enhancing & Color Preserving Spray, \$18, sexyhair.com



Redken Blonde Idol Custom-Tone Conditioner in Gold, \$32, redken.com

THE PRO

Kari Hill, L'Oréal Paris's celeb colorist and Karlie's go-to.

WHO CAN DO IT

Anyone born a blonde.

HOW TO GET IT

The trick is a highlighting kit (like L'Oréal's)—and a light hand. Apply only a few very thin highlights around your face, going from the roots down, says Hill. Follow the directions on the kit for time, and rinse out when you reach a shade that's slightly lighter than your natural strands.

THE UPKEEP

Because the highlights are so subtle, the grow-out phase isn't noticeable—especially if you condition with a golden-blond formula (like Redken's). For babylike shine, keep a glossing mist (try Sexy Hair's) handy.

WHEN YOU'RE OVER IT

Darken up! A medium brown semipermanent kit easily covers up blonde.



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THE REDS

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Adriana wears **Red Revival**.

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MAYBE SHE'S BORN WITH IT. MAYBE IT'S MAYBELLINE®
NEW YORK

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STONEWASH

[def.]: The silvery-blond shade that all the edgy girls are taking for a spin.



Dascha Polanco



Zosia Mamet



Rihanna



Lady Gaga



STREET STYLE



Ojon Rare Blend Oil Moisture Therapy, \$35, origins.com



Herbal Essences Naked Dry Shampoo, \$5, drugstores



Roux Fanci-Full Temporary Haircolor Rinse in True Steel, \$7, sallybeauty.com

THE PRO

Cynthia Alvarez, Dove hair expert and the genius behind Dascha's gray.

WHO CAN DO IT

Everyone.

HOW TO GET IT

Silver strands require a white base, so avoid crazy damage and let a pro do the bleaching, says Alvarez. Once you're an ashy platinum, you can DIY the rest. Just saturate your hair with a steel-colored rinse (like Roux's), cover with a plastic cap, and rinse (don't shampoo!) after an hour.

THE UPKEEP

Your hair will be feeling weak after being stripped of its color, so avoid hot tools for as long as possible. Dry shampoo (like Herbal Essences) and hot oil treatments (try Ojon's) will be your BFFs. In three weeks, or when your shade starts to fade, reapply the rinse for 10 minutes.

WHEN YOU'RE OVER IT

Let it go! Your color will fade back to a cool platinum.



A
PROPER
LOVE
FOR
PINK.

COLOR
sensational
THE PINKS

TRUER, CRISPER COLOR
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Emily wears **Pink+Proper.**

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NEW YORK

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Lucy Hale



Nina Dobrev



Jamie Chung

SOMBRÉ

[def.]: Subtle ombré, aka the more natural sister to dip-dyed tips.



Jourdan Dunn



Becky G

THE PRO
Tracey Cunningham, Redken's reigning Hollywood color queen.

WHO CAN DO IT
Brown-haired girls.

HOW TO GET IT
Look for an ombré kit for your hue (like Revlon's), and follow the mixing directions. Then grab an inspo pic of your dream hair as a guide, and use a paint brush (like Ion's) to paint highlights where they are in the photo. Start at the ends and brush upward to avoid harsh lines, says Cunningham. Rinse when the color is right.

THE UPKEEP
Pamper overprocessed tips with a keratin-infused split end treatment (try Pantene's) and keep strands glossy all over with a shine-enhancing conditioner (try Dessange's).

WHEN YOU'RE OVER IT
Cut your hair! All you need to get rid of it is a pair of scissors (or your stylist).



Revlon Color Effects Ombre, \$11, drugstores

Dessange Paris California Blonde Illuminating Conditioner, \$10, Target stores

Pantene Advanced+ Keratin Repair Split End Fuser, \$14, drugstores



Ion Color Brilliance Extra-Wide Tint Brush, \$2, sallybeauty.com

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*vs. regular shampoo and conditioner

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garnierusa.com

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GARNIER

garnierusa.com

THE STRENGTH TO SHINE

*with continued use

Manic Panic Amplified Semi-Permanent Hair Color in Electric Lizard, \$17.50, manicpanic.com

Garnier Color Styler in Blue Burst, \$8, drugstores

Katy Perry

Kesha

Rita Ora

NEON

For hair this awesomely vivid, use a semipermanent dye kit. The color will fade after a few washes, so swap in dry shampoo to keep it bold.



Nicole Richie

Garnier Color Styler in Pink Pop, \$8, drugstores

rainbow BRIGHT

Dyeing to try these shades?
Just DIY! by Jillian Ruffo

Manic Panic Flaming Synthetic Hair Glam Strips, \$7, manicpanic.com

OMBRÉ

The super-simple way to get two-tone tresses? Clip in a few colored extensions at the root (below a layer of hair) for a peekaboo effect.

Keke Palmer

Kylie Jenner

Vanessa Hudgens

PASTEL

Rock a watercolor hue instantly by rubbing hair chalk on strands. (If you're brunette, lightly dampen locks before applying—doing so intensifies the color.)

Splat Hair Chalk in Violet Sky, \$6, Target stores

Splat Hair Chalk in Dusty Rose, \$6, Target stores

Tint Hair Chalk in Aquamarine, \$20, finefeatherheads.com

"I'LL NEVER
LET A
BREAKOUT
STEAL THE
SHOW—THAT'S
MY JOB."

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look of acne
better and faster
than Proactiv.®*



Introducing Olay Clear Skin from the Fresh Effects collection. Our {1-2-3!} Acne Solution System gives you **clear, beautiful skin** you'll want to show off.



OLAY
fresh effects

YOUR BEST BEAUTIFUL™



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Download Blippar and scan the Fresh Effects logo!

1 DEEP CLEANSE

2 SPOT TREAT

3 REDUCE
THE LOOK
OF REDNESS
& SHINE

*Visual assessment on 29 women by expert graders at 15 minutes compared to Proactiv 3-Step. You can expect results up to those shown in the pictures when using Olay Fresh Effects Clear Skin {1-2-3!} Acne Solution System. Images digitally simulated to reflect results achieved in product testing.



FRESH &

Grab your backpack, sunnies and dancing shoes—festival season is just around the corner. Rocking a trendy **#OOTD** & **#OOTN** is a must, so **Olay Fresh Effects** and I are here to get you inspired by some of my fave festival finds. Whether your style is boho chic or punk rock princess, when paired with **Olay Fresh Effects** cleansers, hydrators and perfectors, you'll hit the right note with a fresh & fashionable festival look. Rock on, chica!

xoxo, Ariel



{#OOTD: DAYTIME DANCE-OFF}

While jamming out to your favorite band (with your bestie at hand!), show off your festival vibe with high-waist denim shorties and a loose-fitting tank. Layering a sheer, fringed kimono will complement your #OOTD and any dance moves that go with it!



WAKE UP, BRIGHT EYES

Rhinestones, glitter, and face paint won't cover up those tired eyes! Roll away puffiness and dark circles with **Olay Fresh Effects {Bright on Schedule!} Eye Awakening Cream** for beautiful, energized skin.



GET FESTIVAL FRESH

Make sure you look your best—even when you break a sweat—with **Olay Fresh Effects {See Spot Swipe!™} Oil-Reducing Wet Cloths**. Featuring textured Exfoli-dots™ technology, these on-the-go wipes will remove all traces of oil and dirt to keep your skin feeling fresh as the temperature rises.



FASHIONABLE for Festival Season

{#OOTN: POST-PERFORMANCE PARTY}

As the festival fun continues into the evening, steal the spotlight in true VIP fashion with a show stopping #OOTN! Turn up the volume by mixing cool patterns, like a polka dot tee with a floral print skirt, for a rule-breaking look. Top it off with the ultimate festival accessory—a flirty flower crown!



LEAVE SHINE BEHIND

The parties may fly under the radar, but the secret to having clear skin is out! Minimize the look of shine and blemishes with **Olay Fresh Effects {Swirled Mattifier!} Redness & Pore Reducing Mattifier** and leave unwanted shine at the door. Use it as a primer to keep your makeup looking fresh throughout the night.



SEE SPOT VANISH

Let your smooth, beautiful skin take center stage with the help of **Olay Fresh Effects {Spot Zinger!} 2-in-1 Salicylic Acid Acne Spot Treatment**. This acne-fighting lotion is formulated with 2% salicylic acid and beautifiers—improving skin instantly.



Follow **@FRESHEFFECTS** on Instagram and check out more festival-worthy beauty and fashion tips from **Seventeen Style Pro Ariel**. Then, share your **#ClearSkinFTW!**

fast bedhead fixes

Say "See ya!" to morning tress stress. These game-changing hair hacks are your new BFFs. *by Marta Topran*

GREASY ROOTS

Going on day three (or five?!?) of your blowout? Stretch it out another day by smoothing styling cream over strands and brushing hair into a sleek, side-parted low pony.



R+Co Jackpot Styling Crème, \$25, randco.com



MEGA FRIZZ

Turn all that volume into a trendy textured bun. First, rub an anti-frizz sheet on hair. (Try Redken's, right... or dryer sheets work too.) Then make a high pony, twist it into a knot, and pin.



Redken Frizz Dismiss FPF 10 Fly-Away Fix Finishing Sheets, \$25, redken.com



PONY DENT

If you like sleeping with your damp hair up, the morning-indent struggle is real. Hide it by curling sections of hair from the dent down, creating glam waves.



Revlon Pro Collection 1 1/4-inch Rose Gold Curling Iron, \$28, ULTA stores

NOT YOUR
M♥THER'S.

CATCH
SOME
CRAZY
COOL
WAVES.♥



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Give your texture
the TLC it needs with
our customized
start-to-finish plans.

by Jillian Ruffo

if you have **TIGHT CURLS**



YOUR PRO
Andrea Wilson,
NYC celeb
stylist (Jourdan
Dunn is a fan!)

1 suds up your scalp

Going a week or so between washes is great for preserving hydration, but it can cause oil and product buildup. When you do shampoo (always use a moisturizing, sulfate-free formula), massage your scalp for a full minute—it'll clear off debris and boost circulation, helping locks grow longer and healthier, says Wilson.



2 treat your tresses

Since your hair absorbs moisturizers better when it's damp, an in-shower hot oil treatment is your secret weapon. Comb in argan oil (like OGX's) section by section to saturate every strand. Slip on a shower cap (the trapped heat helps the oil penetrate) for 10 minutes, then rinse completely.

Conair Wide Tooth Comb, \$3, amazon.com; OGX Hydrate + Repair Argan Oil of Morocco Extra Strength Miracle In-Shower Oil, \$9, ULTA stores

3 handle with care

Do not (we repeat, do not!) rub a bath towel on your hair—it roughs up curls, causing frizz. Instead, gently squeeze out excess water with a paper towel (it won't cause any friction). Then immediately apply a moisturizing curl cream packed with buriti oil (try Dove's) or jojoba oil from roots to tips—coating all strands—to smooth and hydrate hair.

Dove Absolute Quench Supreme Crème Serum, \$6, drugstores



if you have **SPIRALS**



YOUR PRO
Jada Doll,
aka calljadahdoll
on YouTube,
curly-hair expert

1 rethink your wash

If you shampoo on the reg, you're likely drying out your curls. Swap out your usual shampoo and conditioner duo for a one-step cowash (like Living Proof's)—it's a conditioner with gentle cleansers built right in.

Living Proof Curl Conditioning Wash, \$26, Sephora stores



2 cocktail your products

Unlike Brandy Melville, curl products aren't O/S. So *create* your perfect mix, says Jada Doll. Combine a pump of curl-defining mousse (like John Frieda's) and a dime-size drop of anti-frizz cream (like Kérastase's) in your palms and scrunch into damp locks. Add more cream/less mousse if your hair is thirsty.

Frizz Ease Dream Curls Air-Dry Waves Styling Foam, \$10, drugstores; Kérastase Curl Fever, \$37, kerastase-usa.com



3 cheat perfect curls

Some days your spirals dry awesomely; others, not so much. Redefine any rogue ringlets with a ¾-inch curling iron—or one that's small enough to match your curl size.

lorealparisusa.com/intenza

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Bianca Balti

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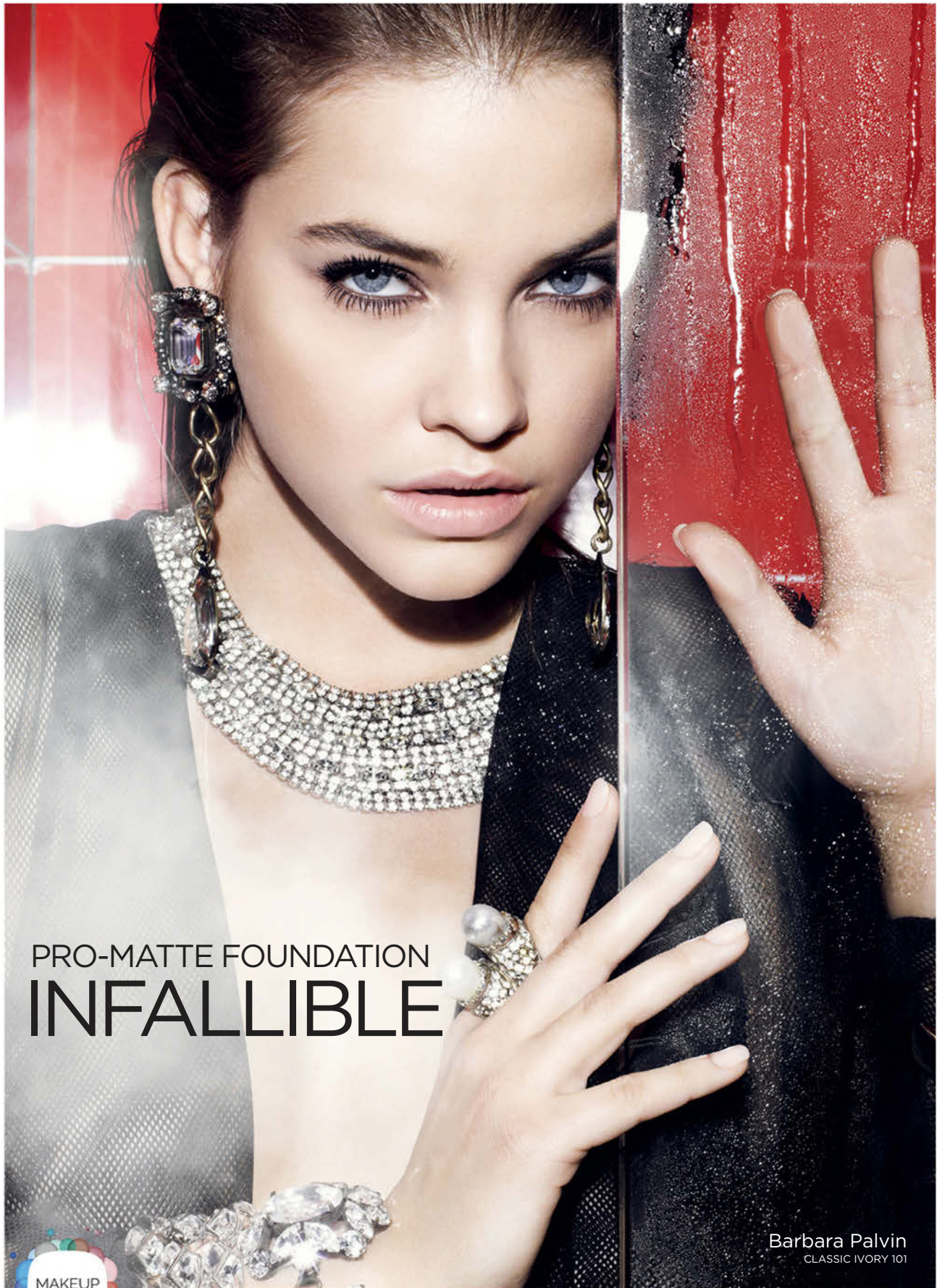


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Barbara Palvin
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NEW



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make your own hair products!

The secret to gorge locks without shelling out any \$\$\$ is a kitchen raid—and these recipes from beauty guru Alexis Wolfer. *by Jillian Ruffo*

avocado mask FOR MEGA-MOISTURE

YOU'LL NEED:

- 1 tbsp. raw coconut oil
- 1 tbsp. honey
- 1 egg
- ½ ripe avocado



1. Blend all the ingredients until totally smooth.
2. Preshower, massage the mask into your hair from ears down.
3. Pop on a shower cap and hop into a hot shower—the heat helps the mix of proteins and hydrators penetrate your hair better.
4. After 20 minutes, wash and condition as usual.

our advice

"If your hair is fine, don't use conditioner after you shampoo out the mask. Your strands will be hydrated enough already."

—JILLIAN,
BEAUTY ASSISTANT

oil spray FOR CRAZY SHINE



YOU'LL NEED:

- 5 tbsp. argan oil (at health food stores)
- 5 tbsp. almond oil
- spray bottle

1. Combine the argan oil, which strengthens strands, and the almond oil, which adds sheen and UV protection, in a small spray bottle and shake.
2. Spray onto ends. (If your hair is fine, spray into palms first and then apply where needed.)
3. Comb through to spread the shine.

our advice

"A tiny bit of this spray goes a long way, so use only half of what you'd use with a typical shine serum."

—HANNAH,
BEAUTY INTERN

clarifying rinse FOR MAJOR VOLUME

YOU'LL NEED:

- cotton balls
- ¼ cup apple cider vinegar
- ½ cup baking soda
- 1 cup water



1. Dip a cotton ball into the vinegar and dab it onto your scalp to sop up excess oil, which will help you get lift at the roots. Rinse with warm water.
2. Next, mix the baking soda and water, and pour it over the bottom half of your hair to dissolve product buildup and to add body all over. Rinse.

our advice

"If your hair feels dry after, follow up with a deep conditioner on your ends to add back some softness."

—KELSI,
BEAUTY INTERN

dry shampoo FOR GREASE-FREE ROOTS



YOU'LL NEED:

- 2 tbsp. cornstarch
- cocoa powder as needed
- old makeup brush

1. Gradually mix cocoa powder—just a touch if you're blonde!—into the cornstarch until the color matches your hair. (It will make it smell great too!)
2. Dip an old makeup brush into the mixture and dust it onto roots.
3. Let it sit for a few minutes while the cornstarch absorbs the oil and then brush out any excess.

our advice

"Apply this before your makeup. That way you won't have to do any touch-ups if the powder gets on your face."

—MARTA, DEPUTY
BEAUTY EDITOR



PRO-LAST LIPCOLOR
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UP TO 24HR COLOR: INTENSIFY WITHOUT THE DRY
STEP 1: INTENSE LONG-LASTING COLOR. STEP 2: A CONDITIONING PRO-SEAL
BALM. RESISTS FADING, TRANSFER, WHATEVER. LASTS UP TO 24 HOURS.
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NEW
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SHADES



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BEAUTY NEWSFEED

These hot new products will basically change your life.

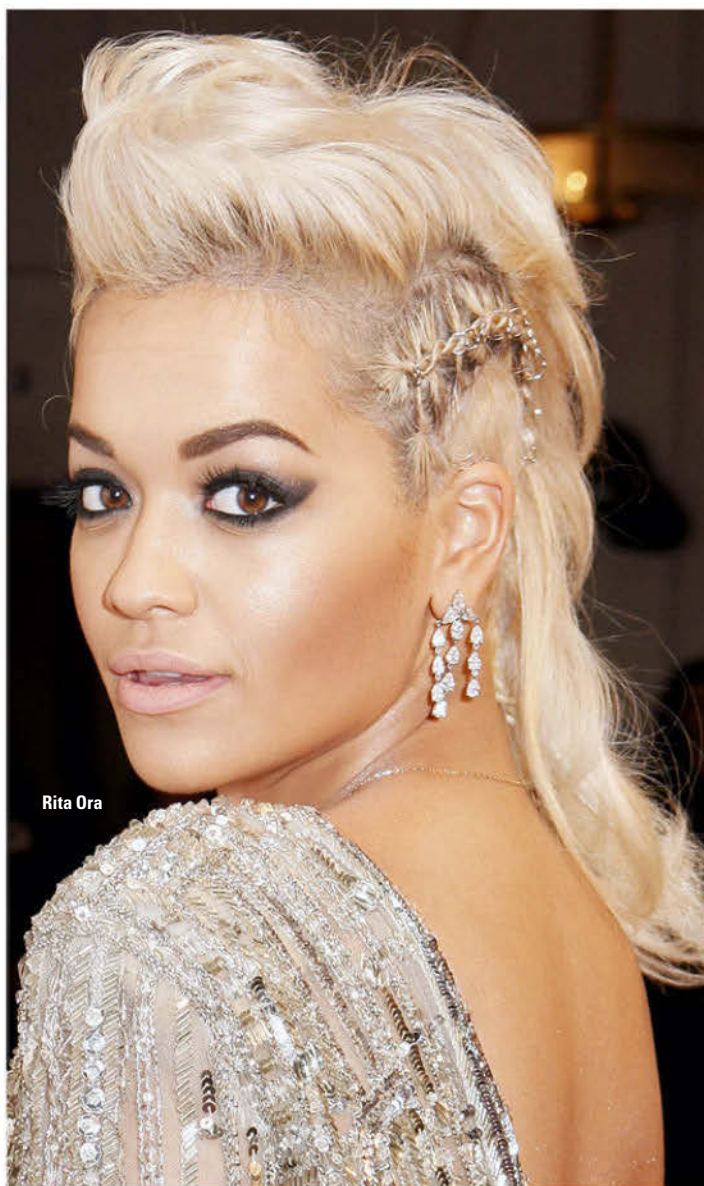
by Jillian Ruffo

SCORE K-DASH-LEVEL LOCKS

Keeping (your hair) up with the Kardashians just got a whole lot easier with their new line of stylers—everything from blowout cream to oil to mousse. ICYWW, Kim's fave is the dry shampoo for texture.



Kardashian Beauty Take 2 Dry Shampoo, \$15; Take 2 Dry Conditioner, \$15; Twirl Me Curl Defining Cream-Gel, \$14; Smooth Styler Blow Dry Cream, \$14; Black Seed Dry Oil, \$16.50; all ULTA stores



Rita Ora



BRAID LIKE A BOSS

The key to mastering a cool cornrow like Rita's? Redken's game-changing Braid Aid. It's a balm made specifically to give hair the grip it needs for tight plaits. No more annoying slippage!

Redken Braid Aid 03 Braid Defining Lotion, \$25, redken.com

3 HAIR-HEALTHY TOOLS

- 1 LED lights inside this dryer prevent gross bacteria buildup.
- 2 Our fave snag-free brush now comes covered in Lulu Guinness—designed kisses.
- 3 Pour the included macadamia oil into a chamber in this flat-iron for soft, oil-infused strands.



1 Blowpro Titanium Professional Salon Dryer, \$140, ULTA stores



2 Tangle Teezer Lulu Guinness Compact Styler, \$20, tangleteezer.us



3 Remington T-Studio Protect Straightener, \$80, Target stores



"OMG, YOUR HAIR SMELLS SO GOOD!"

Get ready to hear that whenever you breeze by people in the halls, leaving behind a trail of Dior's delish jasmine-scented hair perfume.

Miss Dior Hair Mist, \$48, dior.com

BE A BEACH (WAVE) BAE

If you've ever tried a salt spray and thought it was too crunchy or drying for you, get excited: Bumble and Bumble is launching a hydrating beach wave spray that's packed with coconut and mango oils in addition to salt for healthy, shiny waves like Maia's.

Bumble and Bumble
Surf Infusion, \$29,
bumbleandbumble.com



Maia Mitchell

SUN-KISSED STRANDS . . . for just \$7!

Love when your locks have natural highlights post-summer vacay? With this heat-activated lightening gel, you don't have to wait till August. Just apply this formula to areas you want to lighten and then blow-dry. Or hit the beach—the warmth from the sun makes it work, too. Bonus: The effect is gradual, so there's no risk of messing up!



L'Oréal Paris
Summer Lights
Hair Lightening
Gelée, \$7,
drugstores

WHAT WE LOVE NOW!



"My pixie falls flat quickly; this gives it all-day texture without being greasy or stiff."

—MICHELLE TAN,
EDITOR-IN-CHIEF

Living Proof Amp Instant
Texture Volumizer,
\$24, Sephora stores



"I'm obsessed with second-day hair, and this texture spray gets me there right after I wash."

—MARTA TOPRAN,
DEPUTY BEAUTY EDITOR
Garnier Fructis De-
constructed Texture Tease,
\$4.50, drugstores



"I straighten my frizzy hair a lot. This heat protector keeps it healthy."

—JILLIAN RUFFO,
BEAUTY ASSISTANT
Tresemme Runway Collection
Get Sleek Heat Protection
Spray, \$8, drugstores



"This dry shampoo is 100 percent invisible. And it smells amazing!"

—LEAH WYAR, EXECUTIVE
BEAUTY DIRECTOR
Alterna Haircare Bamboo
Cleanse Extend
Translucent Dry Shampoo,
\$22, Sephora stores

best. prom. hair. ever!

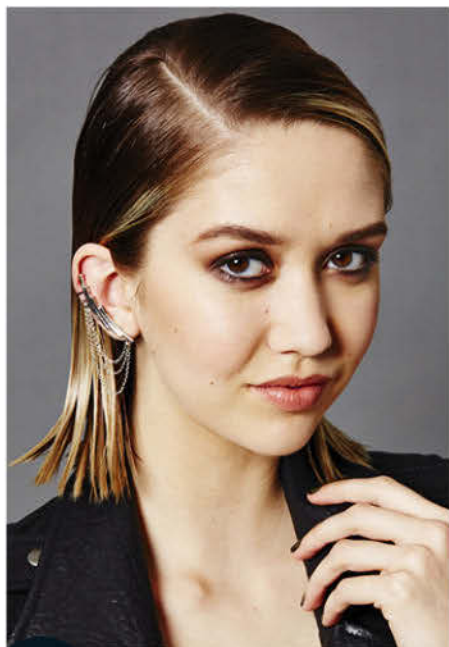
Harry Josh (John Frieda celeb stylist and Gisele's mane man) reveals the short and long looks guaranteed to turn heads. *by Marta Topran*



SHORT
HAIR
INSPO

FUN FAUX HAWK

You don't need long hair to rock a mega-cool updo. Just make four small ponytails down your head, twist them around one another, and pin the ends.



SHORT
HAIR
INSPO

SUPER-SLICK

Want to wear your hair down but still look different than you do at school? Add evening edginess by combining a deep side part with sleek, shiny strands. Just flat-iron your hair, then smooth on hair oil.

PRO TIPS FOR A stress-free hair night



1 PRACTICE YOUR DO
To avoid a day-of meltdown, host a hair party with your crew the week before. Try out styles on each other and see what works and what doesn't.

2 GIVE IT A TEST RUN
That bun (or braid) from Pinterest may look cool, but if it falls out when you dance, it's a #hairfail. Wear your fave look for a night to see if it holds up.

3 AVOID LAST-MINUTE MAKEOVERS
If you want to go lighter, darker, or shorter, do it at least a month before prom. That gives you time to fix it if you hate it.

4 MAKE IT LAST
A texturizing spray will give your updo the grit it needs to stay put from formal pics to the after-party.

Alterna Caviar Anti-Aging Perfect Texture Finishing Spray, \$28, Sephora stores

MIRANDA KERR



blow dry ADDICT

#IAMWHOIAM

I NOURISH MY SCALP. I DAMAGE PROOF MY HAIR.

CLEAR REPAIRS THE SIGNS OF DAMAGED HAIR TODAY SO IT REMAINS SOFT, SHINY & VIRTUALLY UNBREAKABLE.

EVEN TESTS SHOW 95% LESS BREAKAGE FROM COMBING ON HEAT-DAMAGED HAIR
WHEN USING CLEAR SYSTEM VS. NON-CONDITIONING SHAMPOO.



CLEAR
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LONG
HAIR
INSPO

HALF-UP HOTTIE

Turn up the volume! Wave hair from the roots down with a one-inch rod, and spritz with texture spray to rough up the waves. Then tease the crown before pulling the top half back and pinning.

TOSS A MINI IN YOUR CLUTCH



...to touch up beachy waves

Blowpro Beach Blow Texturizing Mist Travel Size, \$8, ULTA stores



...to amp up wilting strands

Bumble and Bumble Thickening Dryspun Finish 1 oz., \$16, bumbleandbumble.com



...to keep an updo in check

Drybar Money Maker Flexible Hold Hairspray Mini, \$12, thedrybar.com



LONG
HAIR
INSPO

SO-EASY UPDO

This style may look intricate, but it's way simple: Make pigtails and twist them from your temples down. Coil them in back, pin, and add an edgy barrette.

INSTANT WAYS TO add some sparkle!

clip in a boho barrette
Emi-Jay Leather Feather Barrette, \$19, emi-jay.com



stick-on subtle metallic accents
Charmsies Rose Gold Hearts and Gold Stars, \$10 per set, haircharmsies.com

upgrade your plain bobbies
Ban.do Model Bobbi Set, \$10, shopbando.com

POSTPARTY TREATMENT

Before you try to brush through all that product, massage in a deep conditioner preshower. Then wash out as usual for soft strands.

John Frieda Frizz Ease Miraculous Recovery Deep Conditioner, \$10, drugstores





the force field
facial :(

IT'S TIME FOR AN
Epi-Do-Over

Ask your doctor about prescription Epiduo®

Don't try this at home. Some "home remedies" are a bad idea. Talk to a doctor if you have questions about treating any medical condition, including acne.



Forget home remedies and over-the-counter acne solutions that haven't worked for you. Team up with your doctor and start fighting breakouts with Epiduo (*adapalene and benzoyl peroxide*) Gel 0.1%/2.5%. Why? It's a once-a-day gel that treats the pimples you have and helps prevent new ones from forming with 2 antibiotic-free medicines that work together. That's the duo in Epiduo.

GO TO EPIDUO.COM TODAY TO FIND OUT HOW YOU COULD SAVE ON EPIDUO GEL.*

IMPORTANT SAFETY INFORMATION: **Indication:** EPIDUO® Gel is indicated for the topical treatment of acne vulgaris in patients 9 years of age and older. **Adverse Events:** In controlled clinical studies, the most commonly reported adverse events ($\geq 1\%$) in patients treated with EPIDUO® Gel were dry skin, contact dermatitis, application site burning, application site irritation and skin irritation. **Warnings/Precautions:** Patients taking EPIDUO® Gel should avoid exposure to sunlight and sunlamps and wear sunscreen when sun exposure cannot be avoided. Erythema, scaling, dryness, stinging/burning, irritant and allergic contact dermatitis may occur with use of EPIDUO® Gel and may necessitate discontinuation.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

Please see Brief Summary of Prescribing Information on next page.

*For most insured patients. Restrictions apply. See Epiduo.com/rebate for details.

Not valid for prescriptions reimbursed under Federal/State programs.

Uninsured patients please go to Epiduo.com/rebate for more information.

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Epiduo®
(*adapalene and benzoyl
peroxide*) Gel 0.1%/2.5%



1 pump
a day

IMPORTANT INFORMATION ABOUT

EPIDUO® GEL

(adapalene and benzoyl peroxide) Gel, 0.1% / 2.5%

BRIEF SUMMARY

This summary contains important information about EPIDUO (EP-E-Do-Oh) gel. It is not meant to take the place of your doctor's instructions. Read this information carefully before you start using EPIDUO gel. Ask your doctor or pharmacist if you do not understand any of this information or if you want to know more about EPIDUO gel. For full Prescribing Information and Patient Information please see the package insert.

WHAT IS EPIDUO GEL?

EPIDUO gel is a prescription medicine for skin use only (topical) used to treat acne vulgaris in people 9 years of age or older. Acne vulgaris is a condition in which the skin has blackheads, whiteheads, and pimples.

WHO IS EPIDUO GEL FOR?

EPIDUO gel is for use in people 9 years of age and older. It is not known if EPIDUO gel is safe and effective for children younger than 9 years old.

Do not use EPIDUO gel for a condition for which it was not prescribed. Do not give EPIDUO gel to other people, even if they have the same symptoms you have. It may harm them.

WHAT SHOULD I TELL MY DOCTOR BEFORE USING EPIDUO GEL?

Before you use EPIDUO gel, tell your doctor if you:

- have other skin problems, including cuts or sunburn.
- have any other medical conditions.
- are pregnant or planning to become pregnant. It is not known if EPIDUO gel can harm your unborn baby.
- are breastfeeding or plan to breastfeed. It is not known if EPIDUO gel passes into your breast milk and if it can harm your baby. Talk to your doctor about the best way to feed your baby if you use EPIDUO gel.

Tell your doctor about all of the medicines you take, including prescription and non-prescription medicines, vitamins, and herbal supplements.

- Especially tell your doctor if you use any other medicine for acne. Using EPIDUO gel with topical medicines that contain sulfur, resorcinol or salicylic acid may cause skin irritation.
- Know the medicines you take. Keep a list of them to show your doctor and pharmacist when you get a new medicine.

WHAT SHOULD I AVOID WHILE USING EPIDUO GEL?

- You should avoid spending time in sunlight or artificial sunlight, such as tanning beds or sunlamps. EPIDUO gel can make your skin sensitive to sun and the light from tanning beds and sunlamps. You should wear sunscreen and wear a hat and clothes that cover the areas treated with EPIDUO gel if you have to be in the sunlight.
- You should avoid weather extremes such as wind and cold as this may cause irritation to your skin.
- You should avoid applying EPIDUO gel to cuts, abrasions and sunburned skin.
- You should avoid skin products that may dry or irritate your skin such as harsh soaps, astringents, cosmetics that have strong skin drying effects and products containing high levels of alcohol.
- You should avoid the use of "waxing" as a hair removal method on skin treated with EPIDUO gel.
- EPIDUO gel may bleach your clothes or hair. Allow EPIDUO gel to dry completely before dressing to prevent bleaching of your clothes.

WHAT ARE THE MOST COMMON SIDE EFFECTS OF EPIDUO GEL?

The most commonly reported side effects when using EPIDUO gel include erythema, scaling, dryness, application site irritation, stinging and burning.

Depending upon the severity of these side effects, patients should be instructed to use a moisturizer, reduce the frequency of the application of EPIDUO gel, or discontinue use.

Tell your doctor right away if these side effects continue for longer than 4 weeks or get worse, you may have to stop using EPIDUO gel. Tell your doctor if you have any side effect that bothers you or that does not go away.

These are not all of the possible side effects of EPIDUO gel. For more information, ask your doctor or pharmacist.

You are encouraged to report negative side effects of prescription drugs to the FDA at www.fda.gov/medwatch or call 1-800-FDA-1088. You may also contact GALDERMA LABORATORIES, L.P. AT 1-866-735-4137.

HOW SHOULD I USE EPIDUO GEL?

- Use EPIDUO gel exactly as your doctor tells you to use it. EPIDUO gel is for skin use only. Do not use EPIDUO gel in or on your mouth, eyes, or vagina.
- Apply EPIDUO gel 1 time a day.
- Do not use more EPIDUO gel than you need to cover the treatment area. Using too much EPIDUO gel or using it more than 1 time a day may increase your chance of skin irritation.

APPLYING EPIDUO GEL:

- Wash the area where the gel will be applied with a mild cleanser and pat dry.
- EPIDUO gel comes in a tube and a pump. If you have been prescribed the:
 - Tube: Squeeze a small amount (about the size of a pea) of EPIDUO gel onto your fingertips and spread a thin layer over the affected area.
 - Pump: Depress the pump to dispense a small amount (about the size of a pea) of EPIDUO gel and spread a thin layer over the affected area.

WHERE SHOULD I GO FOR MORE INFORMATION ABOUT EPIDUO GEL?

- Talk to your doctor or pharmacist
- Go to www.epiduo.com or call 1-866-735-4137

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BODY & Health

CREAMY MAC 'N' CHEESE

Yes, really! Using yogurt makes this go-to comfort food easier on your stomach. (Translation: no postdinner bloat.)

Combine $\frac{1}{2}$ cup melted low-fat cheddar cheese and $\frac{1}{4}$ cup nonfat Greek yogurt in a saucepan over low heat. Stir the mixture and a handful of steamed broccoli florets into $\frac{1}{2}$ cup cooked pasta. Put it all into a greased oven-safe dish and bake at 425 degrees for 10 minutes.

5 FUN (AND EASY!) WAYS TO EAT GREEK YOGURT



SWEET FRUIT DIP

Add 1 tsp. brown sugar, a dash of cinnamon, and $\frac{1}{2}$ tsp. vanilla extract to 5 oz. nonfat Greek yogurt. Pair with your favorite fruits for a tasty treat.



SIMPLE SALAD DRESSING

Instead of buying an entire bottle, try topping your greens with this quick single-serving recipe: Mix 2 tbsp. nonfat Greek yogurt, 1 tsp. olive oil, and a pinch of salt.



CROWD-PLEASING SNACK

Add a ranch-seasoning packet to 5 oz. nonfat Greek yogurt. Serve with cut-up veggies for friends to nosh on as you power through a study session.



GUILT-FREE PARFAIT

For a yummy dessert you can splurge on daily, layer nonfat Greek yogurt with fresh berries, a handful of granola, and chopped pistachios.



GET STRONG!

Instagram fitness star **Kayla Itsines's** killer 17-minute routine will help you get fit—fast.



TURN IT UP

ABOUT THE WORKOUT Kayla's resistance circuit training is based on high-intensity plyometric moves (explosive jumps). These short bursts of exercise, which get your heart rate up, are followed by breaks to catch your breath.

WHO SHOULD TRY IT? If you love to switch things up and tend to get bored by running, this is for you!

HOW IT WORKS Set a timer for 8 minutes, and do Circuit 1 as many times as possible until the alarm goes off. Take a 1-minute break. Then set the timer for another 8 minutes and do Circuit 2 as many times as you can before time is up.

CIRCUIT 1

**WORKS YOUR
UPPER BODY AND
IMPROVES STAMINA**

100 jumps
50 ab bikes
20 split jumps

JUMPS

boost your heart rate

Skip rope, going as fast as you can. Don't worry if you're not super-speedy at first—you'll get better with time!

DO 100 JUMPS.



Coco, 16, loves playing softball!

AB BIKES

tone your tummy

a Start by lying on the ground with your hands behind your head, your legs extended in front of you, and your feet an inch off the ground. Bend your right knee toward your chest, and reach your left elbow toward the knee.

b As you stretch your right leg back out, bend your left knee in and twist your right elbow toward it. Continue alternating sides.

REPEAT 50 TIMES.



Hop your legs out as wide as you can.

SPLIT JUMPS

sculpt your arms

a Start in push-up position with your feet slightly wider than shoulder-width apart.

b Engaging your abs to help keep your upper body still, jump your feet out to the sides so they are wider than your hips. Hop your feet back to the starting point.

REPEAT 20 TIMES.

TURN PAGE FOR CIRCUIT 2

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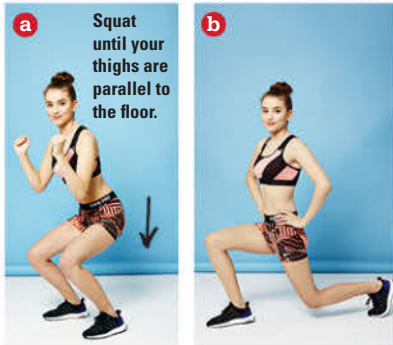
New Ultra Thin Pads from Playtex® Sport® have a Qwik-Dry Absorbent Core to keep you feeling fresh, and a FlexFit design to twist and turn with your body. Sport Level Protection™, so you can Play On.®



CIRCUIT 2

WORKS YOUR
LOWER BODY

40 X hops
20 snap jumps
10 burpee
tuck jumps



X HOPS

shape your tush

- a** Stand in a squat with your feet shoulder-width apart and knees bent.
- b** Step your right leg forward, bending your right knee to 90 degrees and lowering your left knee toward the floor. Return to the starting position and repeat on the left side.

REPEAT 40 TIMES.



SNAP JUMPS

strengthen your legs

- a** Begin in push-up position with your feet behind you. Engage your abs so your body remains in a straight line.
- b** Transfer your weight into your hands and jump your feet forward to just behind your hands. Jump feet back to starting position.

REPEAT 20 TIMES.

BURPEE TUCK JUMPS

tone your whole body

- a** Start in push-up position.
- b** Jump your feet forward into a crouch, keeping your abs engaged the whole time.
- c** As you stand up, push off the ground into a jump, tucking your feet under you in the air. Land back in the crouching position (b), and then spring your legs back to starting position (a).

REPEAT 10 TIMES.



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*Love,
Kourtney, Kim, Khloé*

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LOVE

**PROM
SURVIVAL
GUIDE**



LAND YOUR **PERFECT DATE**

Figuring out who you're going with doesn't have to be so stressful. Promise!

GIVE YOUR CRUSH A HINT

The next time you're together, pull him in for a Snapchat and say, "You know, we look good together. We'd have the best prom pics." It's okay if you're a little obvious; some guys need the nudge.

RALLY YOUR CREW

It's 2015: You don't need to be paired up to have an unforgettable night! Instead, get your closest friends to go as one big group. That way you won't have to worry about babysitting a rando date all night.

JUST DO THE ASKING!

Sure, easier said than done. But even if your dream date says no, it's better than sitting around waiting for an invitation that may never come. For help building up courage, flip the page to see how others did it.



THE TEAMMATE TRICK

"I was performing a step routine at a basketball game, when all of a sudden, **my team switched the beat and began chanting, 'Will you go to prom with him?'** pointing to my friend Isaiah. I turned around and saw him with his sign. Cutest thing ever!"

—RACHEL, 17, HAMILTON, NJ



THE CLEVER GIFT

"I'd been obsessing over a pair of sneakers for a while. Then one day I was with my crush, Joe, when **an underclassman handed me this box** with the shoes inside. I felt so awkward until Joe started laughing—they were from him!"

—ALLIE, 18, LITTLE EGG HARBOR, NJ



THE HAIRY HELPER

"I knew my boyfriend, Devon, preferred humor over romance, so **I borrowed a baby goat from a neighbor and asked him: 'Goat to prom with me?'** He said yes, kissed me, and then rushed over to pet the goat. Priceless."

—JESSIE, 20, MALIBU, CA

PROMPOSALS

Over-the-top asks make popping the question way more fun. Get some inspo!



THE PUNNY PRANK

"My boyfriend, Weston, loves his car. So I recruited my stepdad to help me **disable his engine and put a poster underneath the hood**. I was nervous he'd be angry when his car didn't start, but he took the prank like a champ and said, 'I knew you had something to do with this!' It was so exciting to plan."

—JALYN, 18, VILLA RICA, GA

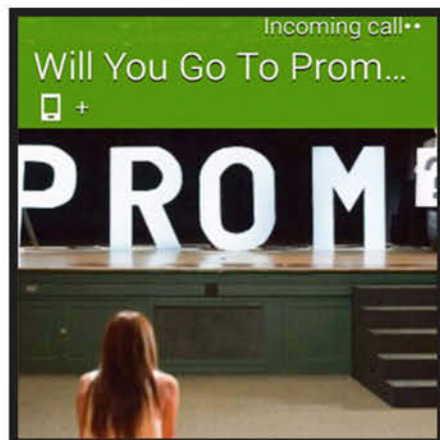


THE BESTIE ASK

"Freshman year, my best friend, Kaitlyn S. (left), and I made a pact: No matter what, we'd go to junior prom together. Now we're both juniors and I have a BF, but I kept my promise and **met her in the park with a sign themed around our favorite book**.

Obviously, she said, 'Okay!'"

—KAITLYN M., 17, BROWNSBORO, TX



THE PHONE HACK

"When my girlfriend, Amber, was getting ready for work one day, **I changed my name in her phone to 'Will You Go to Prom With Me?'** and made her background a photo of a prom ask that I'd found online. Then I snuck upstairs to call her. After the second ring, I heard a yell, and she came running at me with the biggest smile on her face."

—COLLEEN, 18, TORONTO, ON, CANADA

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YOUR BIGGEST **PROMBLEMS**

A major FML moment doesn't have to ruin your night. Take it from these girls, who've so been in your stilettos.

SOLVED

SOMEONE ELSE HAS THE SAME DRESS AS YOU

"When I found the one—a hot pink sweetheart-neckline gown I felt amazing in—I immediately added its description to our grade's Facebook group so no one else would buy it. But when I logged in later, I had a message from this really popular girl. All it said? 'Hey, I think we have the same dress.' It felt like someone punched me in the stomach. What was I going to do? Return my dress? I loved it! I decided to stand up for myself nicely and said, 'Oh! We do? I didn't realize. I'm not sure if I can take it back.' I waited, terrified, for her response. Turns out, all my agonizing was for nothing. 'No worries!' she replied. 'At least we know we'll be the hottest ones there!' And you know what? We both looked great and had so much fun. I can't believe I even considered returning my dream dress to make someone else happy."

—ALEX ABEL, ASSISTANT EDITOR



#AWKWARD
Heyyy, Barbs!
Your dress is
so... familiar.

YOUR DATE BROKE UP WITH YOU

"After I had spent months planning, every last detail was set for my senior prom. Then, *four* days before the dance, my boyfriend broke up with me. I was heartbroken and freaking out because it screwed up everything—photos, dinner reservations. All my expectations for the biggest night of my life were shattered.

At first, I worried about looking like a loser or running into my ex since he was still planning on going to the dance. My mom even said I could stay home if I wanted. But I had the perfect dress and awesome friends. I was determined to have a great time. Go figure, my ex texted me after I'd regrouped all my plans and said he'd 'still take me if I needed a date.' Like he was doing me a favor! I said, 'No way.' I didn't need someone to take me to prom. So I drove myself, gave myself flowers, and danced the night away. Prom truly changed my life. It wasn't easy, but I was able to rely on myself for happiness—a lesson every girl needs to learn before she goes to college."

—JILLIAN, 20, SCOTT DEPOT, WV

YOU DIDN'T GET AN INVITE TO THE BIG AFTER-PARTY

"My senior year, I took my boyfriend, Zach, who was a junior, to my prom. The after-party my friends had planned was a 'seniors only' party, and they refused to let him come, which was annoying and immature. I didn't talk to them for an entire week because I was so upset! It's not like I was going to just ditch my boyfriend after the dance. Well, Zach felt so bad about the whole situation that he planned a romantic after-party of our own. He blindfolded me and took me to a field where we stargazed for hours. It was so sweet, and when my friends heard, they were beyond jealous. I don't regret missing the party at all."

—ROSE, 21, AUSTIN, TX

YOUR DATE IS SHY AROUND YOUR FRIENDS

"For my senior prom, I brought a date who didn't go to my school. We'd been family friends for ages, but I was nervous he was going to feel left out since he didn't know any of my other friends. The night before the dance, I gave him a rundown of

my entire crew—what they're into, things he could talk to them about, etc. And I told my friends to let their dates know interesting stuff about him. He started out shy when we first met up to take photos, but I could tell that giving everyone topics to talk about helped. By the time dancing began later that night, it was like he was part of our group. Clearly, I had worried for nothing!"

—CAROLINE, 20, HAMDEN, CT

YOU'RE UNCOMFORTABLE TALKING ABOUT MONEY

"Even though it's pretty stereotypical, the guys at my school usually pay for everything date-related. But this year, it's \$90 for one ticket, and my group is renting a party bus for after-prom. My girl friends and I felt bad about how much extra money that would be for the guys—I mean, we're all broke high school kids—so we decided we'd all cover the cost for our dates' transportation. That way, each guy won't have to spend \$320 for the night. We brought it up to them when we were all together to make it less uncomfortable. It was obvious the guys really appreciated it."

—GILLIAN, 17, AMBLER, PA

THE WRONG PERSON ASKED

You got a promposal. (Yay!) But not from the date you wanted. (Yikes.) Two friends share what it's like on either side of "no."

WHAT SHE DID

“My friend Dean, who I knew really liked me, proposed to me with flowers during lunch one day. I didn't want to embarrass him, so I asked, 'Can I think about it?' Then when we were alone the next day, I told him no. I felt bad, but I didn't want to lead him on.” —ALEX, 21

HOW HE FELT

“It hurt a lot when Alex turned me down. But I respected the fact that she didn't reject me in front of people. If the same thing happens to you, give the person who asked you space to recover afterward. A prom rejection feels similar to going through a breakup.” —DEAN, 21



PICK UP THE 2015 SEVENTEEN PROM ISSUE—ON NEWSSTANDS NOW!

PROM BY THE NUMBERS

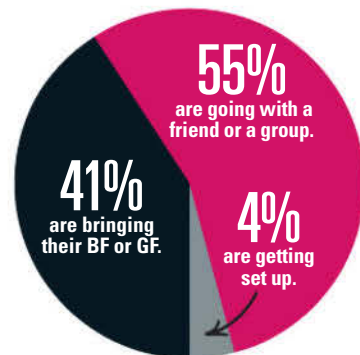
We polled 200 girls and guys (and teamed up with Visa for parental input!) to get the breakdown.

THE PARENT WILLING TO GIVE YOU MORE \$\$\$ IS ... *



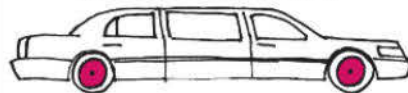
(Pssst... 73% of you said you're planning to spend only \$500 or less.)

NO DATE? NO PROB! YOU'RE NOT ALONE.



23%

OF YOU ARE GETTING ~FANCY~ AND THROWING DOWN FOR A LIMO.



YOUR PARENTS EXPECT YOU TO PITCH IN



FOR YOUR EXPENSES.*

*According to the 2015 Visa Prom Spending Survey

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YOUR *Awesome* LIFE

MAKE YOUR OWN *LUCK*

Ever feel like good stuff only happens to other people? The. Worst. Turn your fortunes around with easy tips from life coach Susan Hyatt.

1 SAY IT OUT LOUD

Telling your friends and family you want to go to a sold-out Taylor Swift show won't make backstage passes magically land in your lap. But if one of your contacts hears someone has extra tickets, she'll know who to call. (You!)

2 CHANGE YOUR MIND

People who think they're lucky are more likely to notice money on the ground or "run into" influential people than those who believe they're unlucky, according to one British study. So ditch your inner Debbie Downer.

3 CHOOSE A CHARM

Having a lucky necklace or shirt isn't silly—it's smart. Believing you've got extra power on your side will boost your confidence and help you perform better.

4 PUT YOUR PHONE AWAY

Opportunity strikes when you least expect it, but if you're always texting or updating your Insta, you won't even notice all the amazing possibilities right in front of you. Think of cool coincidences as four-leaf clovers—you're probably not going to come across one if you're not looking.

5 BREAK YOUR ROUTINE

If you and your friends always go to the same coffee spot, your chances of meeting someone new and exciting aren't so great. Try getting your caffeine fix at a different café, or ride your bike to another part of town this weekend.

6 EMBRACE DOWNTIME

You can't take advantage of a fortuitous situation (or even recognize it!) if you've scheduled every second of every day. Even when you have a lot going on, leave some gaps in your schedule for the unexpected.

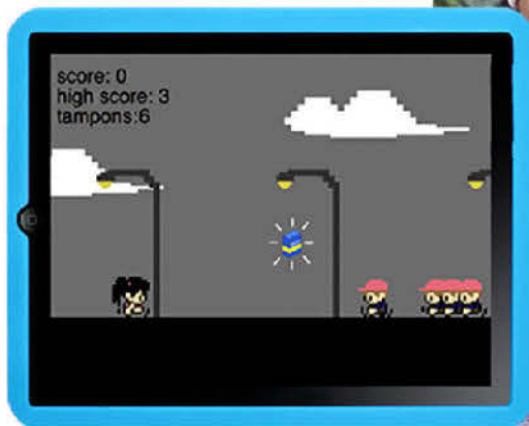
"OUR VIDEO GAME TAKES THE TABOO OUT OF TAMPONS"

ANDY GONZALES and SOPHIE HOUSER created a game unlike any other. Now almost 250,000 people are playing—and talking about its message.

Andy Gonzales, 16, was sick of seeing sexist images in video games—so when she met Sophie Houser, 17, at a Girls Who Code program in New York last June, they came up with *Tampon Run*, an online game where heroes fight their foes with tampons instead of weapons. "It shows how ridiculous it is to get freaked out by tampons or anything connected to periods," says Andy. More than 243,000 players agree, and more are getting it from the app store every day. What's next? "We'd love to write a book on female empowerment," says Sophie. We. Can't. Wait.

Andy's (other) favorite game is Tetris.

Sophie plans to major in computer science.



▼ **SPECIAL REPORT** "We hope when girls read about us or see us on the news, they'll want to start coding, too," says Andy.



◀ **POWER PLAY** "*Tampon Run* is funny," says Sophie. "When the guys get hit by tampons, they run away as if they're really hurt. Being afraid of menstruation is so silly, we should laugh at it!"



▲ **WINNING STRATEGY** "People questioned our putting tampons in the game," says Sophie, a bona fide math whiz. "But it was important to us. Girls shouldn't have to be embarrassed about their period!"

THEIR SUCCESS SECRETS

TEAM UP "We really listened to and learned from each other. Neither one of us could have come up with *Tampon Run* on our own. It was a real collaboration." —Andy

LEARN YOUR CRAFT "Being able to act on your ideas and create something is so amazing. Knowing code gives you the power to make almost anything you want." —Sophie

SAY SOMETHING "We could have made a normal game and it would have been fine. But the statement we made got people's attention and kept it!" —Andy

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YOU AND
YOUR PAD.
NOT YOU
AND YOUR
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down each
every one!
on my picture has decreased!

caring friend

Martin

THE WRITE FRIENDSHIP

Before there was WhatsApp, two pen pals from suburban Pennsylvania and rural Zimbabwe forged a close bond—and changed each other's lives—by sending old-fashioned letters. Here's their story.

SEPTEMBER 1997

CAITLIN: Our homework assignment was to write a letter to our new pen pal. I began: "Hi, my name is Caitlin, I'm 12 years old. I live in Hatfield, PA. I'm in seventh grade." I scanned my room for inspiration and spotted my collection of sports trophies. I continued: "I play softball and soccer and field hockey. What do you like to do for fun? And what is it like in Zimbabwe?" When I turned in my letter the following day, I felt giddy, like this was the start of something big.

OCTOBER 1997

MARTIN: Mrs. Jarai entered our

classroom, smiling. "Class, I have pen pal letters from America!" It was toward the end of our school year, so this was a welcome surprise. The school year in Zimbabwe starts in January, when every student takes a placement test. The kids with the highest scores are put in Group One. I had been in that group for the last eight years, since first grade. Mrs. Jarai handed me the first letter and asked me to read it out loud. We learned English in school—Zimbabwe used to be a British colony—but I spoke Shona with my family and friends. I had never heard of Pennsylvania and had a difficult time pronouncing it. [When I got home] I

wanted to write back immediately, but I had to do my chores first. I went to gather wood for the fire. Our family shared a fire pit, which was directly outside our home, with four other families. There, my mother cooked in a large metal can once used for cooking oil. That night I wrote my letter by the light of the fire. I told [Caitlin] I loved to play soccer and that I really hoped we'd continue to write each other. I promised her I would not let her down. I hoped she would do the same.

Over the next two years, the pair became BF4E (Best Friends Forever). "We were growing up together, 10,000 miles

apart," says Martin. But as political unrest grew in Zimbabwe, his family struggled to make ends meet.

JANUARY 1999

MARTIN: My father's paycheck was never enough. School fees were due at the start of every semester. I walked into my classroom and I quietly prayed that my teacher would overlook the fact my parents had not paid the fees. The headmaster arrived at the start of class and called out all the names of those students who had to leave. When he called my name, I felt a sharp stab in my throat. It was 550 Zim dollars per student, roughly 20 American dollars. Most of those kids didn't care about school—for me, it was painful to leave.

CAITLIN: A month passed with no letter from Martin. I assumed he was busy with school. Then another month passed and I started to get worried. Then one day in late March, my mom looked very serious. She told me she had been watching the news, and things in Zimbabwe were unstable. My friend was in serious trouble—he needed my help.

MARTIN: I knew from experience that the easiest way to make money was to carry luggage for passengers [leaving the market]: If somebody had a heavy bag, you offered to take it to the bus. By Friday, I had earned 20 Zim dollars. That weekend I had gotten a letter from Caitlin. She had sent three in a row and was disappointed that I had not responded. I had saved 32 Zim dollars and needed 16 for stamps, which would set me way back from returning to school. I still had to find something to write on. When I saw a young boy fling a wrapper from an ice-cream bar onto the ground, I grabbed it without anyone noticing. This was a big moment in our relationship. I decided to tell Caitlin the truth about why I had not been in better touch. I prayed that she would understand. And that she would still want to be my friend.

JUNE 1999

CAITLIN: After he sent the letter on the ice-cream wrapper, Martin started to open up to me in a way that made me realize how different our lives were. Until that moment, I did not understand how truly privileged I was. [She slipped 20 dollars into one of her letters.] In the next letter Martin wrote, he said that the money I had sent got him back into school, and he said, "We ate chicken for the first time in many years." I was working as a camp counselor that summer, and my dad gave me 20 dollars a week for chores I did. I also started babysitting every Wednesday afternoon. I slipped two 20 dollar bills in my next letter. I wasn't going to let him down.

She didn't. As Martin shared more about his life abroad, Caitlin's parents offered to help track down his school and pay tuition for Martin and his siblings.

JUNE 2000

MARTIN: I was cleaning the morning dishes when a boy my age came running down the path, shouting, "Martin, America is calling. For you." I sprinted toward the post office [which had the only phone in town]. "Hallo?" I said.

"Martin?"

"Caitlin, is this really you?"

"It's me!" she answered. "I have good news! My mom spoke to your headmaster. You don't have to worry about school fees anymore!"

"Caitlin, this is the best news ever," I said, fighting back the emotions swelling up in my chest and throat. I don't remember much else of the conversation. I do remember hanging up the phone and knowing that my life would never be the same.

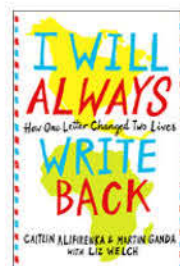
Martin was right. After graduating from Villanova University and receiving an MBA from Duke University, Martin now works as an investor in New York, and Caitlin is a nurse who lives near Philadelphia. They're still best friends, but now, says Caitlin, "We keep in touch through calls and texting."

REAL-LIFE SNAPSHOTS

Caitlin and Martin's story in photos.



1. Martin with his high school classmates in 2002.
2. After receiving a full scholarship to college, Martin met Caitlin in the US in 2003.
3. Martin attended Caitlin's wedding to her husband, Dzmitry, in 2008.

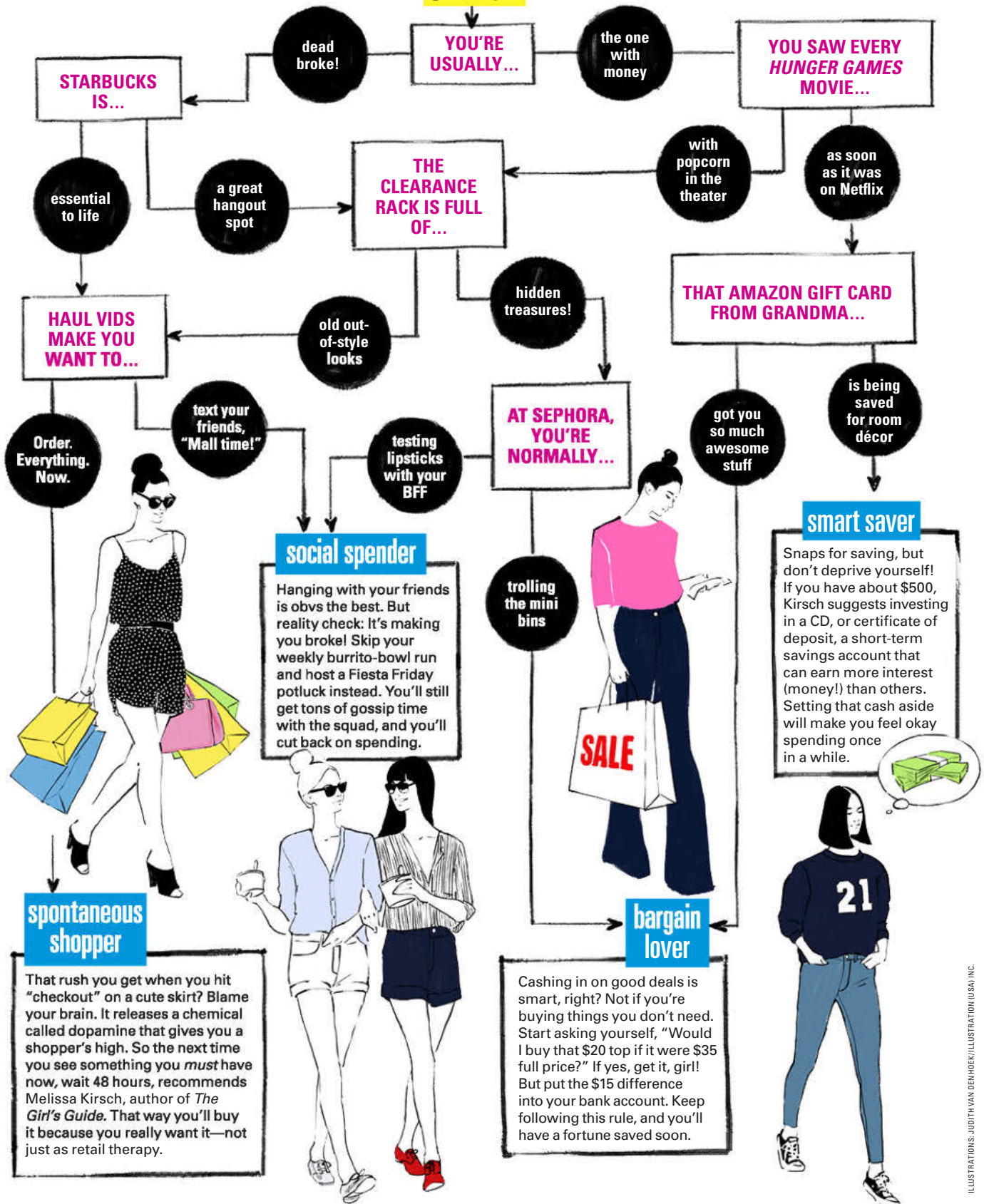


Excerpted from *I Will Always Write Back: How One Letter Changed Two Lives* by Caitlin Alifirenka & Martin Ganda with Liz Welch (Little, Brown Books for Young Readers, 2015)

WHAT'S YOUR \$\$\$ M.O.?

This crazy-accurate quiz will help you stop wondering where all your money went—and start saving big! BY LISA FREEDMAN

START



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HOW TO ENTER THE APRIL FREEBIES DAILY AND GRAND PRIZE SWEEPSTAKES (page 134). **NO PURCHASE NECESSARY TO ENTER OR WIN.** This Sweepstakes is in no way sponsored, endorsed, or administered by, or otherwise associated with, Apple Inc. You understand that you are providing your information to Sponsor and not to Apple Inc. There are two (2) ways to enter beginning April 1, 2015, at 12:00 A.M. ET, through April 30, 2015, at 12:00 A.M. ET (the "Entry Period"): (i) Download the Seventeen for iPhone App, which is free, by visiting your mobile phone app store, and follow entry instructions or (ii) go to seventeen.com/freebies, and complete and submit the entry form pursuant to the on-screen instructions. The next day's Daily Sweepstakes begins at 12:00 A.M. ET. Winners of the Sweepstakes will be posted on seventeen.com/freebies on or around five days after the date of the last Daily Sweepstakes. Entrants may enter each Daily Sweepstakes one time during each 24-hour time frame. Each Daily Sweepstakes is a

separate drawing and must be entered separately. Multiple entries for a single Daily Sweepstakes will be disqualified. Please note that all eligible entries for each day of the Daily Sweepstakes will be aggregated and the Grand Prize Winners will be selected from all the eligible entries for this month's Daily Sweepstakes. Important Notice: You may be charged for visiting the mobile Web site in accordance with the terms of your service agreement with your carrier. The Sponsor of this Sweepstakes is Hearst Communications, Inc., 300 W. 57th Street, New York, NY 10019. Any questions, comments, or complaints regarding the Sweepstakes should be directed to the Sponsor, not Apple Inc., and Entrants agree to release Apple Inc. from any liability in connection with this Sweepstakes. Apple Inc. is not responsible for the prizes awarded to the Winner. **Daily Prizes:** Approximate retail values range from an approximate retail value of \$8 to an approximate retail of \$129. **Grand Prize:** Two (2) winners will receive a rainy-day outfit package including a trench coat, a pair of rain boots, and an umbrella (approximate retail for Grand Prize: \$191 per winner. Total approximate retail for the two winners: \$382.) Must have reached the age of 13-29 and be a legal resident of the United States, the District of Columbia, or Canada (excluding Quebec). Void in Puerto Rico and where prohibited by law. Subject to Official Rules at seventeen.com/freebies.

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ULTA

On Ansel: White tee,
Industry of All Nations;
gray jeans, IRO;
leather boots, his own.

Shot on location
in New York.



ansel LET'S LOOSE

THE ACTOR INVITES YOU INTO HIS WORLD—AND HIS APARTMENT!—FOR A REVEALING CHAT ABOUT LOVE, FAME, AND HIS “REALLY WEIRD” HOBBIES.

BY JESSICA SHAW PHOTOGRAPHS BY ANNE MENKE STYLED BY MAGGIE MANN

So this is it,” Ansel Elgort says, hopping off a well-worn skateboard and running his hands through his perfectly windblown sandy-brown hair. He’s opening the door to his Brooklyn duplex apartment, where he has lived for more than a year after moving out of his parents’ place. Ansel’s roommate, Pierce, isn’t home yet, but all the footprints of two twentysomething guys are everywhere: the half-filled-with-water glasses lying out. The well-used Xbox with *Grand Theft Auto* and *Call of Duty* games stacked under the coffee table. The Knicks paraphernalia because, as the native New Yorker says, “The more your team is doing badly, the more you need to wear the apparel. Real fans feel that way.”

His decor of choice includes chairs he picked up off the sidewalk and a traffic light (don't ask). There's also a handful of cool photographs that include a portrait of the Rolling Stones alongside a snap of young Ansel in a high school production of *West Side Story*—all taken by his father, famed fashion photographer Arthur Elgort. If you're lucky enough to get invited downstairs, just past the recording studio where his alter ego "Ansolo" writes music that's earned him plenty of international EDM cred, you'll discover Ansel's army of hand-painted miniature figurines. (More on those later!)

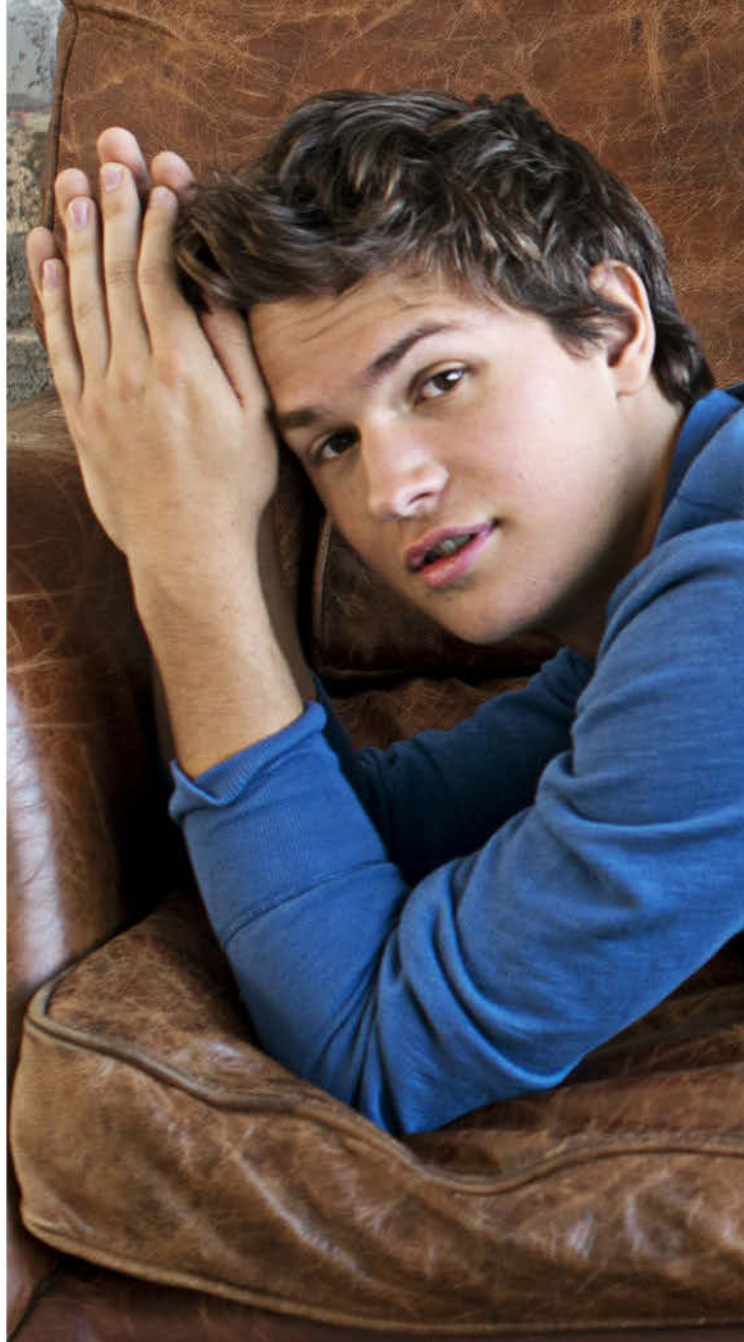
And then there's his bedroom with a massive Ralph Lauren mirror, a giant wooden Crate & Barrel bed, and . . . the shoes. The floor is literally covered in sneakers, boots, and even the occasional pair of dress shoes that go with the suits he scores as the new spokesperson for Prada. "Now that I'm successful, people pay for my stuff," he says, a little embarrassed of all the freebies. "I was at 16 Handles, and the girls behind the counter wouldn't let me pay! I mean, I can afford a \$5 ice cream. I was like, 'You guys are going to get in trouble!'"

No one is shocked that Ansel made the fro-yo girls melt. Sure, he's got that James Dean daydream look in his eyes, but Ansel, 21, has also proven that he's a legit actor with so much more than just a killer smile. He made everyone's heart go boom-clap! as Augustus Waters in *The Fault in Our Stars*. Then he took a dark turn as the troubled teen Tim in *Men, Women & Children*. Now he's back as Tris's straitlaced brother, Caleb, in *Insurgent*, the second film in the insanely popular *Divergent* series. But even off-screen, Ansel has always been a performer. "I'm a goofball," admits the actor, who graduated from New York's legendary LaGuardia High School of Music & Art and Performing Arts. (Nicki Minaj and Jennifer Aniston are also alums—as is his off-and-recently-on girlfriend, Violetta Komyshan.) Growing up in a family of artists—his mom, Grethe Holby, is an opera director; big brother Warren is a film editor; and their older sister, Sophie, is a photographer like Dad—Ansel was always encouraged to follow his passions. So the Renaissance man taught himself how to play piano and produce his own music while also studying dance with The School of American Ballet.

Ansel's best talent, though, is staying totally chill about his new life as a megastar. "As soon as you start getting too into yourself—I'm a celebrity, I'm cool—you start to lose what's special about you," he says. Now as he sinks into his cozy couch and bites into a hibiscus doughnut, he's ready to spill in his most real and personal interview yet.

Now that you're living on your own in this amazing apartment, how would you spend your ideal day?

I'd wake up early at 7:30 and get something really productive done—when I'm home, I just want to work on music. I'd start my day right away with orange juice. I don't



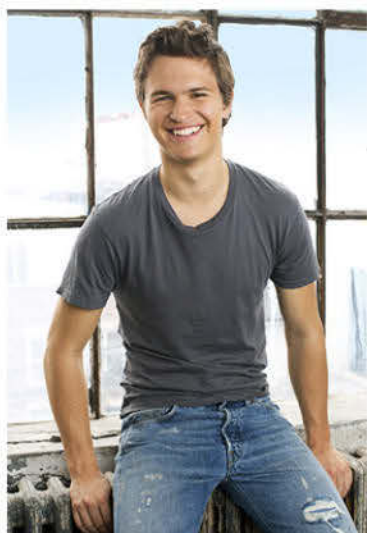
need coffee. I'd go visit a miniatures painting shop, get some lunch with friends—like Jordan, my best friend since preschool. Maybe we'd go boxing too. We had one epic day a few years ago when we did all that and took a Ping-Pong lesson in Chinatown. [He also has a table in his apartment.] And at the end of the day, we went home and watched *Hell's Kitchen*.

Speaking of friends, can you honestly just be platonic friends with a girl?

If a woman is really pretty, it's kind of hard. I'm not going to lie. Actually, that's not true. Me and Shailene [Woodley] have a really platonic relationship. I've never once wanted her sexually, which is nice. But for me, if a person is someone I'm attracted to, and she's my best friend, hopefully we're dating.



On Ansel: (here) Blue sweatshirt, Todd Snyder; gray jeans, IRO; (inset) gray tee, Alternative; distressed jeans, Levi's Vintage Clothing.



what's it like to date ansel?

HE BUYS GIRLS DESIGNER SHOES. (YUP, HE'S PERFECT.)

HIS IDEAL GIRL

"Someone who makes me smile all the time. Someone who is smiling all the time. I like girls who have a passion about something. Someone who has her own thing. I don't want someone who's all about me. But I do want someone who's all about me sometimes, you know?"

HIS DREAM DATE

"I like romantic dates—going on a long walk in Central Park and then taking the subway downtown and going out to eat and ordering oysters. After that, you walk around again and talk. Morning dates are nice, too. I love doing romantic s***. It's fun. It's like you're living in a movie."

HIS GO-TO GF GIFTS

"I like to give presents. I feel like I have good taste. I like to buy girls shoes and jewelry. I buy stupidly expensive shoes—I spend way more on my girlfriends than I do on myself. Also, I don't write love letters. I'd rather just tell them to their face. I'm pretty open."

seventeen





**“LOVE ISN'T
SOMETHING
YOU DESCRIBE
OR JUDGE.
IT'S JUST A
FEELING YOU
HAVE ABOUT
SOMEONE.”**

—ANSEL ELGORT



On Ansel: Black suit,
Calvin Klein Collection; white
button-down, Steven Alan;
high-top sneakers, Nike.

Set Designer: Jared Lawton.
Grooming: Sarah Sibia
using Malin and Goetz for
See Management.

Do you have a relationship role model?

I had a driver who told me he once drove Paul Newman and his wife, and [Newman] was making out with her in the backseat when he was 80. And I said, "That's what I want." He was successful, really famous, a good actor, and in love with the same girl his whole life.

You sound like you're ready to settle down.

Honestly, there's a part of me that wants it already. I want a house. And kids. You can go on dates and hook up with girls, but unless you're in love with someone, it's not that cool. Someone once told me we have in our minds who we want, and often those aren't the people we *actually* want. Like once there was a girl I thought was perfect for me—I had every box checked with her. But I just didn't feel anything. Love isn't something you describe or judge. It's just a feeling you have about someone.

Have you ever had your heart broken?

Of course. But part of the reason you feel heartbroken is because you're *supposed* to feel love. You're like, "Oh, I want that again." You're not supposed to feel like s*** and not want to be in love again.

What are your deal breakers?

A lot annoys me: Talking too loudly pisses me off, or if a girl plays too many games. I want someone sweet who has her s*** together. I don't care if she's famous. It's not about that.

So what were you like in high school?

I was always kind of popular. I wasn't really nerdy, but I always had really weird hobbies. Every Friday night, Jordan and I would go to the miniatures shop until 9 when it closed, and then we'd go rock climbing [at an indoor space in NYC]. My parents trusted me because I was honest with them. Also, I'm the youngest, so my parents were just over it. We didn't really go to parties. *[He pauses, leans back into his couch, and then starts laughing.]* Okay, maybe we were kind of nerdy. But in my school, there was no such thing as being nerdy. If you were the lead in the musical, you were the coolest kid in school.

Please tell me you're not one of those people who never had a rough time in school as a kid.

I think everyone goes to a dark place in middle school. It's the worst. I got addicted to *World of Warcraft*. What got me out of it was miniatures and my best friend. Sometimes being "cool" makes you have no friends. I know a guy who's really cool, always having the parties at his house. But he doesn't have any real friends.

Wait, can you please explain these miniatures you keep talking about?

From 12 to 17, those years of my life were all about



The Warhammer 40,000 figurines Ansel loves so much.

On Ansel (here and on poster): Dark tee, Alternative.



miniatures. They're made for gaming—you build them and paint them. I've won painting competitions. My trophies are in my bathroom above my toilet. But when I was 17, I got into producing music and that took over my time. I love writing music. It's my favorite thing to do now.

Did you ever get in major trouble for anything?

Of course. Jordan and I used to throw eggs off my roof and hit cars. We got in trouble with the police when I was 15. They came to our door. I told my dad, "We were throwing eggs off the roof and you were out of town and they got really mad at us and said if we did it again we would get in trouble, but we're never going to do it again." I said it all in one sentence. He was like, "Okay."

Are you anything like Caleb, who is so by the rules?

He's smart. He's not a badass. I have to go away from myself. I'm actually more Dauntless than some of the Dauntless characters in the movie. I rock climb every day. *[He shows off his callouses to prove it.]*

Professionally and personally, what are your goals?

I want to do a musical. I want to dance. I want to do a remake of *On the Waterfront*. My whole life, I want to only make the movies and music I want to make. Imagine if you could do only what you wanted and be successful at the same time? I'm kind of doing that right now, and it would be awesome if it could last.

PUT A RING ON IT

Pop a metallic ponytail holder onto an equally gleaming tail. It's a pulled-together look that legit takes seconds. (For extra shine, spray locks with Redken Diamond Oil High Shine Airy Mist, \$22, redken.com.)

TURN UP

STUCK IN A PLAIN PONY RUT? DOVE (THE OLSENS AND J. LAW <3 HIM) SHOWS

PHOTOGRAPHS BY BEN WATTS

BY MARTA TOPRAN

BUMP IT UP

Take your pony to new heights! Make a super-high tail, then place another elastic four inches down from the top. Use bobby pins to anchor the elastic to your head, forming a bump. Prevent flyaways with hairspray. (Try Dove Style+Care Strength & Shine Flexible Hold Hairspray, \$4, drugstores.)

YOUR TAIL

CELEB STYLIST MARK TOWNSEND
YOU GREAT WAYS TO UPGRADE YOUR LOOK.

ON MODEL, LEFT:
BLACK TOP DKNY.
PINK BRA Victoria's Secret Sport.
SILVER BRACELET
Third Crown.
GOLD PONYTAIL HOLDER
Mia Beauty.

ON MODEL, RIGHT:
NEOPRENE VEST Milly.
BLACK BRA Joe's.
SILVER RING Uncommon Matters.



GET POMPED

A pony hawk earns you instant rock-star status. Spray roots with a salt spray for volume (try Tresemmé Perfectly (un)Done Sea Salt Spray, \$7, drugstores). Then loosely French-braid a faux hawk (section hair between the arches of your brows to the crown) to add even more height. Finally pull all strands into a pony in back.

GO FISH

A full fishtail braid can take forever (and tire out your arms!). Instead, just do half. When you're done, rub a dime-size drop of pomade (like Tigi Bed Head Manipulator Matte, \$23, bedhead.com) between your fingertips and gently pull the braid apart to make it fuller (and a bit cooler!).



ON MODEL, LEFT:
METALLIC TOP
Faith Connexion.
RED SKIRT Well Kept.

ON MODEL, RIGHT:
BLUE CROP TOP Well Kept.
MESH SKIRT Ohne Titel.
NEON BANGLES Alexis Bittar.
STACKED RING Vita Fede.
SILVER BRACELET W. Britt.

DO THE TWIST

To rock this easy rope braid, split your tail in two, twist each half separately, then twist them around each other. Secure the ends, and finish by smoothing hair oil over strands for shine. (Try Dove Pure Care Dry Oil Nourishing Treatment, \$13, drugstores.)

BE A LITTLE KNOTTY

Introducing . . . the pony bun! Pull the bottom half of your hair into a low pony. Then spray the loose top half with texturizing spray (like Bumble and Bumble Thickening Dryspun Finish, \$30, bumbleandbumble.com) and twist it into a messy knot. Pin it at the top of the tail.

WEAVE IT

Create a deep side part. Section out three one-inch chunks of hair from the top layer and pull the rest into a tight pony. Starting from the section in back, wrap each portion around the ponytail, creating a crisscross pattern as you go. Fix it in place with a strong-hold hairspray (like Kérastase Laque Noire, \$37, kerastase-usa.com).



Fashion Editor: Aeyung Kim.
Hair: Mark Townsend,
Dove Celebrity Stylist.
Makeup: Christine Cherbonnier
for Chanel at The Wall Group.
Manicure: Fleury Rose at Bryan
Bantry for Chanel Le Vernis.



ON MODEL, LEFT:
SPORTS BRA
Stylestalker.
BLUE HEADBAND
Emi-Jay Flexx.

ON MODEL, CENTER:
BLACK-AND-WHITE DRESS DKNY.
SPIKED RINGS Joomi Lim.

ON MODEL, RIGHT:
ORANGE MESH BRA Michi.

BY CHRISTINA TAPPER PHOTOGRAPHS BY CHRIS ECKERT

GAME CHANGER

You know **Mo'ne Davis** for throwing a shutout in the Little League Baseball World Series. But there's way more to this girl than that bullet arm.

You might think that almost a year after becoming a household name, 13-year-old Mo'ne Davis would be used to all the attention. But despite appearing on *The Tonight Show With Jimmy Fallon*; starring in a Chevrolet commercial (directed by Spike Lee!); playing in the NBA All-Star Celebrity Game; and getting hundreds of "Can I take a picture with you?" requests, the eighth-grader is still caught off guard when fans give her props. Case in point: While eating out with her mother, Lakeisha, and her 7-year-old sister, Mahogany, at a TGI Fridays in New Jersey, Mo'ne is playing on her favorite app, Trivia Crack, when she receives an alert from another player. "Hi Mo'ne. You are an inspiration to young people and you've shown anything is possible. Keep working hard." Mo'ne quickly responds, "Thank you," followed by blushing emojis.

"Getting messages like that is pretty cool," she says. And it's easy to understand why people are so excited about her. Mo'ne flexed her pitching power with a blistering 70-mph fastball at the Little League World Series last summer, becoming the first girl to throw a shutout in Little League history. Putting a new empowering spin on what it means to "throw like girl," she proved that girls are just as good at sports as boys are—or even better.

Despite her new role as a sports hero, Mo'ne is just a normal teen from Philadelphia who snacks on Crunch 'n Chew Jolly Ranchers, lounges at home in bright-colored onesies, eats dinner in front of the TV (don't tell her mom!), and gets caught up watching YouTube clips. "I may start with Taylor Swift's 'Blank Space,' then I'll end up on Becky G, then one of Selena Gomez's old songs,

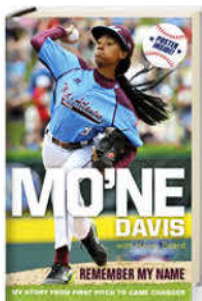
On Mo'ne: Gray
sweatshirt, Lacoste;
chambray button-down,
Tommy Hilfiger;
M necklace, her own.





MO'NE AT HOME

1. She collects sneakers (she has 30 pairs!) and is designing a line with M4D3 to raise money for girls in need. **2.** She credits her friends, twins Nayyirah (left) and Ruqayyah, with keeping her ego in check. **3.** Mo'ne shares a bedroom with her sister and is expected to keep her side clean. "But Mahogany cleans the whole room!" says Mom. **4.** At home with her mom and Mahogany.



IN HER OWN WORDS

Add author to Mo'ne's list of achievements! Her memoir, *Mo'ne Davis: Remember My Name*, is on shelves now. "I've experienced a lot," she says. "I want people to read about my journey."



MAIN PHOTOS: CHRIS ECKERT/STUDIO D; FASHION STYLIST: SADA FRAZI AT BERNSTEIN & ANDRULLI; HAIR: CARLA GENTRY AT THE ONLY AGENCY FOR HENI FURTERER; MAKEUP: KYRIAKI SARPAKKI AT DE FACTO FOR CHANELLES BEGES POWDER, ON MDIVE; 11:5WETS SHIRT, LACOSTE; CHAMBRAY TOP, TOMMY HILFERS; SHORTS, AMERICAN EAGLE OUTFITTERS; 12: DRESS, LEVY'S MADE & CRAFTED; TOWMY HILFERS; SNEAKERS, ANGUS BUITAR; 13: SWEATER, 11:5WETS; VERNAL ALB WIRE/NEURAL; 14: JACKET, A.E.; NECKLACE, HER OWN; STEWART, ANDY/ONIS/GETTY IMAGES; BRIAN, NEFLI/MAN; 15: KEYS, CUNG LANG/GETTY IMAGES; 16: VERNY VERNAL ALB WIRE/NEURAL; 17: DRESS, LEVY'S MADE & CRAFTED; 18: SWEATER, 11:5WETS; 19: SWEATER, 11:5WETS; 20: SWEATER, 11:5WETS; 21: SWEATER, 11:5WETS; 22: SWEATER, 11:5WETS; 23: SWEATER, 11:5WETS; 24: SWEATER, 11:5WETS; 25: SWEATER, 11:5WETS; 26: SWEATER, 11:5WETS; 27: SWEATER, 11:5WETS; 28: SWEATER, 11:5WETS; 29: SWEATER, 11:5WETS; 30: SWEATER, 11:5WETS; 31: SWEATER, 11:5WETS; 32: SWEATER, 11:5WETS; 33: SWEATER, 11:5WETS; 34: SWEATER, 11:5WETS; 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At school, where she's a self-described comedian—"I tell a lot of cheesy jokes and make things fun"—her favorite subject is history. "I like learning about the past," she explains. And not just in the classroom. "One night I was up late—I'm a night owl—and I was watching *The Perfect Game* on Netflix. It was cool to see what the Little League World Series was like back in 1957. In the film, some of the players couldn't use certain bathrooms because they were labeled 'whites only.'"

Mo'ne wouldn't have it any other way: "There hasn't been a time that I've acted differently because of the fame. I'm still me. Why change just because you've done something big?"

You'd think winning gold at the 2012 Olympics and holding three world records would complete Katie's #lifegoals. But this freestyle swimmer is just getting started: She's accepted a recruitment offer from Stanford and plans to head there in the fall.



FADED JACKET

**TOSS THIS BABY OVER
EVERYTHING—IT ADDS
EDGE TO EVEN THE
PRETTIEST OF DRESSES.**

DISTRESSED JACKET

Denim & Supply Ralph Lauren.

LACE-UP DRESS Topshop.

SPIKED EARRINGS

Flaca Jewelry.



INTO THE BLUE

THIS SPRING, YOUR SCHOOL
UNIFORM IS GOING TO BE ON
DENIM OVERDRIVE. TAKE OUR
CRASH COURSE IN JEAN-EALOGY
& THEN GET READY TO CRUSH
IT IN THE BIGGEST TRENDS.

PHOTOGRAPHS BY SARAH BARLOW + STEPHEN SCHOFIELD

STYLED BY AEYUNG KIM

FITTED JUMPSUIT

HEAD-TO-TOE DENIM MAKES
A BOLD STATEMENT, WITH
BARELY ANY EFFORT (OR
ACCESSORIES!) REQUIRED.

DENIM JUMPSUIT Gap,
BLACK BRA Rowley,
ROPE NECKLACE J. Crew,
BLACK SLIDES
Adidas Originals.

BEAUTY TIP

Let your tips get in
on the trend with an
electric blue polish like
YSL La Laque Couture
in 18 Bleu Majorelle,
\$27, yslbeautyus.com.

A fashion photograph of two models standing in a rustic, arched stone corridor. The model on the left is a young woman with short blonde hair, wearing a light blue denim overall dress with a dark blue denim vest over it. She has gold-rimmed sunglasses hanging from the neckline of her vest and a silver link bracelet on her right wrist. She is wearing light-colored chukka boots. The model on the right is a young woman with dark curly hair, wearing a dark navy blue sleeveless vest over a light blue denim shirt and light blue denim cargo pants with a large tear at the knee. She is wearing dark burgundy loafers. The background is a dimly lit stone archway.

UNDONE OVERALLS

GO AHEAD AND RELAX! BUT
MIX IN SOME TAILORED PIECES
TO KEEP YOUR LOOK MORE
FASHION, LESS FARM GIRL.

FADED SKIRTALL
Lucky Brand.
BLUE TOP 7 for All Mankind.
YELLOW SUNGLASSES
Jessica Simpson Collection.
LINK BRACELET
French Connection.
BEIGE FLATS Fratelli Rossetti.

NAVY VEST Tommy Hilfiger.
RIPPED OVERALLS
American Eagle Outfitters.
DENIM BRALETTE
Cynthia Rowley.
BANDANNA SCARF
Stylist's own.
BURGUNDY LOAFERS
G.H. Bass.



BOXY DRESS

THIS CUTE SHAPE IS SO
EASY TO SLIP ON IN THE A.M.
JUST ADD A FUNKY PAIR
OF SANDALS AND—BOOM!—
YOU'RE ALL DONE.

FRAYED DRESS
Wilfred Free for Aritzia.
PEARL NECKLACE AND RING
Bond Hardware.
THIN CUFFS Rue Gembon.
THICK NAIL CUFF CC Skye.
GOLD STONE CUFF Moon and Lola.
GOLD GLADIATORS
Diane von Furstenberg.

PAPER-BAG PANTS

WITH A HIGHER RISE AND A GATHERED WAISTBAND, THIS COMFY CUT IS A GIRLIER TAKE ON YOUR FAVE BOYFRIEND JEANS.

BLUE POLO UCLA Clothing.
HIGH-WAISTED PANTS
7 for All Mankind.
WHITE HAT New Era Cap.
COLLAR PINS Bond Hardware.
CLASSIC SNEAKERS
Adidas Originals.



RIPPED & REPAIRED JEANS

PATCHWORK PACKS ALL THE ATTITUDE OF SHREDDED PAIRS BUT GIVES YOUR #OOTD A MORE POLISHED VIBE.

STRIPED CROP TOP Mango.
BOYFRIEND JEANS Madewell.
SILVER CHOKER Alexis Bittar.
NUDE HEELS 424 Fifth.

MESH TOP H&M Studio.
SPORTS BRA Calvin Klein Underwear.
PATCHWORK JEANS Paige Denim.
BOOK CARRIER RR Rentals.
SUEDE HEELS Joe's.

BEAUTY TIP:

Bright lips pop against a light denim outfit. A raspberry shade (like Chanel Rouge Coco in Emilienne, \$36, chanel.com) complements fair skin while a rosy pink (try Lancôme Shine Lover Vibrant Shine Lipstick in Eclat de Rose, \$25, lancome-usa.com) looks gorge on a deeper complexion.





TRENCH COAT

THE CLASSIC STAPLE
LOOKS TOTALLY MODERN
IN DENIM. WEAR IT WITH
WHITE JEANS FOR A
JAW-DROPPING COMBO.

DENIM TRENCH

Tommy Hilfiger.

POLKA-DOT SHIRT Piamita.

WHITE SKINNIES Miss Me.

TRAUMARAMA

Everyone has humiliating moments!



NAME-DROPPER

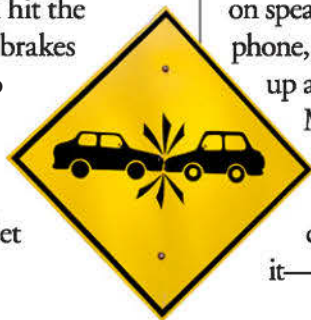
"There's this really cute guy at my school, and all of my friends call him Hot Scott behind his back. Well, one night, we were at the same party and started flirting a little! One of my friends saw us talking and walked up to meet him. I went to introduce them, but instead of calling him Scott, I accidentally said *Hot Scott!* He looked so confused and was like, 'What did you just call me?!?' I tried to cover it up, but there was nowhere to hide. It was horrible—I couldn't look at him for the rest of the night!"

FOND FAREWELL

"I was struggling in math class, so I started seeing my teacher after school for help. My mom called at the end of one of our sessions, and I ended the convo with a 'Love You!' like I always do. A second later, I was leaving the classroom and accidentally yelled, 'Bye! Love you!' to my *teacher* too! I turned bright red and booked it out of there. Let's just say class the next day was a little awkward. . . ."

BRAKE DOWN

"My work friends and I always hang out after our shifts. One day, everyone piled in my car to grab food. But as I was **parallel parking**, I hit the **gas instead of the brakes** and slammed into another car! I had to pay for the damage—and my friends never let me forget it!"



JUST FOR KICKS

"I was shoe shopping at the mall with my mom and *looooved* a pair I saw on one of the highest shelves. I couldn't reach and my mom told me to wait for help, but I was super-impatient, so I just jumped up to grab them. But as I did, I knocked into the shelf and the whole unit fell down! The shoes were on the floor in a giant messy pile and everyone was staring at me in pin-drop silence. Not even a fun pair of sneaks could salvage that one."



SAVING FACE

"I had just come out of the shower after lacrosse practice when I heard my phone ringing. I quickly glanced and saw it was my grandpa. I was holding my phone close to my waist and getting ready to put him on speaker, but as I tapped the phone, my grandpa's face stared up at me—it was a FaceTime!

My grandpa got an up close and personal shot of my boobs! I *still* cringe thinking about it—big-time!"

BIG HEADED

"My boyfriend and I were hanging out in his room one day, and he kept talking about how strong his muscles are now. Well, I dared him to put them to the test and give me a piggyback ride to the car. I jumped on his back, but as he was leaving his room, I wasn't looking up and slammed my head into the metal pull-up bar hanging in his doorway! Luckily, he caught me, but I had a major headache and a bump for days! The *most* painful."

ACTION SHOT

“I’m a naturally clumsy person, but I try to keep it together when the cameras are rolling at least. Well, one day, I was filming and I had a scene where I just had to walk through the set and talk at the same time. The director yelled, ‘Action!’ but a few steps in, I hard-core stumbled over one of the camera wires and face-planted! I probably could have dealt with it if it were just that moment, but it was captured on film forever. Cue the never-ending embarrassment.”

—VANESSA MARANO



CELEB
TRAUMA!



RAINY-DAY FREEBIES

Save this calendar for a chance to win every day in **April**.

GRAND PRIZE!

your perfect waterproof #OOTD!

Don't let a little rain ruin your outfit!
Two lucky winners will score a whole rainy-day look from Kohl's.

GRAND

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



10 winners land this floral umbrella from Marshalls

MOD



10 winners take home a make-up sealant spray from Rouge Underground

MIST



10 winners receive a rainy-day pajama set from CafePress.com

COZY



5 winners snag a smoothing anti-frizz hair cream from Drybar

SHINE



5 winners get a bright water-resistant trench coat from London Fog

PINK



5 winners score a waterproof mascara with argan oil from Pür Minerals

LASH



10 winners receive a panda umbrella from ModCloth

CUTE



5 winners get a fresh rain-scented perfume from Birchbox

SPRITZ



10 winners snap up a pair of forecast earrings from ModCloth

STORM



5 winners grab a "Rain Check" umbrella from artisangemboutique.com

DRIZZLE



5 winners score a pair of yellow rain boots from Nomad Footwear Inc.

JUMP



5 winners receive this cute and cheerful book from Chronicle Books

ART



10 winners land this silver umbrella ring holder from Wayfair.com

REFLECT



2 winners snag a raincoat-print duvet cover from Deny Designs

COMFY



5 winners receive this yellow galoshes tote from Zazzle

CARRY



10 winners snap up anti-frizz hair sheets from Redken

SMOOTH



10 winners land a rainwater coffee mug from Deny Designs

WARM



10 winners score a pair of fun rainbow socks from ModCloth

RAINBOW



10 winners get a blue-and-white patterned umbrella from T.J. Maxx

DROPS



10 winners grab a Singing in the Rain shower curtain from Kikkerland

SING



5 winners snap up this blowout-sealing serum from Fekkai

SLEEK



5 winners receive this patterned umbrella from Betsey Johnson

SPRINKLE



10 winners take home this stainless steel travel mug from CafePress.com

POUR



5 winners scoop up this orange raincoat from Marshalls

COAT



5 winners get this Oribe flyaway-taming spray from Birchbox

HAIR



5 winners score chevron rain boots from Nomad Footwear Inc.

PUDDLE

HOW TO ENTER

Starting April 1, log on to seventeen.com and type in the Freebie Phrase of the Day in yellow to be eligible to win. But hurry—each Freebie will be live for just 24 hours beginning at 12 A.M. ET. Winners will be posted at the end of the month. Go to seventeen.com/freebies or see page 105 for details.

YOUR HOROSCOPE

By Sally Brompton

sagittarius

Nov 22–Dec 21

The sun moves into your well-being area on the 20th, making it *the* time to kick off a workout you've been putting off. If you pick a routine you can do outdoors, you're much more likely to stick to it.



capricorn

Dec 22–Jan 19

What issue are you most passionate about, Cap? On the 21st, a Mars-Pluto link will nudge you to stop talking about the problem and start solving it. You'll make a huge diff when you join the cause.



aquarius

Jan 20–Feb 18

A guy you like—but not like *that*—is starting to act clingy. Yep, he's got it bad. It's kind of flattering but also a bit much. On the 15th, the universe will help you find the words to let him down gently.



pisces

Feb 19–Mar 20

From the 6th to the 8th, a planetary shift will make life seem chaotic. Your sign is super-sensitive to bad vibes, so don't feel guilty if you need solo time to restore a sense of calm. Your crew will deal.



ARIES

Mar 21–Apr 19

Lately you have been plagued by doubts about a certain relationship. The lunar eclipse on the 4th will make it abundantly clear whether you should stay or walk. Do what's right for you.



taurus

Apr 20–May 20

You can't escape the major deadline that's fast approaching, but with Venus's help on the 11th, you'll finally get cracking. Starting will be the hard part—everything will fall into place after that.



gemini

May 21–Jun 20

On the 18th, you'll meet a cool cutie and hit it off instantly. The problem? Your crew will miss you in a big way while you're spending time with your new love. Plan a hang for everyone to melt the ice!



cancer

Jun 21–Jul 22

A friend will share a secret on the 6th that will leave you speechless (literally) and that's a good thing. Though it'll be tempting to gossip, you'd kill the friendship if you spill her story. Zip. That. Lip.



leo

Jul 23–Aug 22

After Jupiter moves in your favor on the 8th, you'll get a surprise influx of moolah—we're talking major money—that will come in handy when you and your squad get an opp to travel. Bon voyage!



virgo

Aug 23–Sep 22

You can't have it all, right? Wrong! Mercury will inspire you and your BFF to start a business, and after the 14th, your world will be buzzing about it. Get ready to have a blast and rake in lots of cash.



libra

Sep 23–Oct 22

Venus will make April the month to P-A-R-T-Y. From the 11th on, you'll score invites to concerts, games, even a VIP bash. (Keep an eye out for a new crush!) Each day will be more fun than the last.



scorpio

Oct 23–Nov 21

On the 17th, you'll have an urge to log off your social and put away your phone. Thank Pluto! As it goes retrograde, you'll crave face time with your besties, and they'll be glad to make that happen.



💰 = MONEY ON THE WAY 🤔 = FUN WITH FRIENDS ! = MAJOR DRAMA ★ = SPOTLIGHT ON YOU 💕 = FLIRTY FUN

PROMOTION

TRENDING
@SEVENTEEN SWEEPS
EVENTS
PROMOS

**ONE HAPPY HAIR DAY
DESERVES ANOTHER!**

Not Your Mother's Déjà Vu 'Do is a primer and style extender that will lock in your style until your next wash. This lightweight cream will block humidity and repel dirt while adding body and flexible hold.

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**NOT YOUR
MOTHER'S.**

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PICKS AT DILLARDS.COM**

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MSG&DATA RATES APPLY.
REPLY STOP TO CANCEL, HELP FOR HELP.

SHERYL SANDBERG

The *Lean In* author and Facebook exec shares her status as a teen: "I was a geek."



Sheryl at 18 (right) with her longtime BFF Eve Greenberg at North Miami Beach High School.

I remember it distinctly: It was the beginning of seventh grade, my first year in middle school. My best girlfriend and I had been inseparable in elementary school, but suddenly she was breaking up with me. "In our new school, there are girls who are cool—and Sheryl, you're just not cool," she told me. "I

don't want to be friends with you anymore."

I was shocked and hurt. Being in a new school was scary—and even scarier without my best friend. But then I realized something: She was right. I *wasn't* cool, not by her definition. I didn't care about having the coolest clothes or being part of the most exclusive clique. I liked competing in oratory contests. I was a geek.

I had to learn to be okay with that. It's who I am. I found new friends, friends who also liked to learn. We were not cool—others called us "the smart girls," which in a Miami public middle school was *not* meant as a compliment! But we stood by one another through all the ups and downs of middle and high school. To this day, they remain my closest friends in the world.

I wrote *Lean In* because I wanted to help all women achieve their ambitions—and I want to live in a world where half of our leaders are women rather than mostly men. Leaning in begins in the classrooms, on the soccer fields, in the debating competitions, and in the halls of our schools. This world needs girls—and women—to make it a more equal place. To do that, I hope you'll lean in to the true you—and maybe even embrace your inner geek along the way.



"When I am asked what I wish I had known as a teen, I always answer, 'Study, learn, explore. And find friends who want to study, learn, and explore with you.' "

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Fights even stubborn acne, in just one day.



NEW Neutrogena® Rapid Clear® Stubborn Acne.
Clinically proven to rapidly reduce size and redness
of stubborn acne **in just one day.**

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